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Arm Left



- Holy Spirit impressions on the left arm

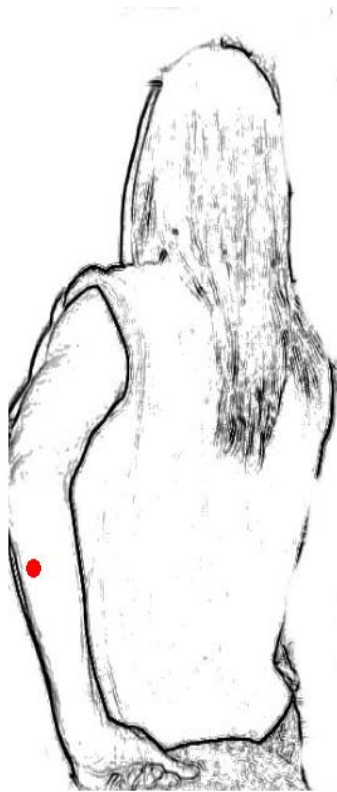


Chaff

- Space between upper and middle bone on left elbow

*Casting all your care upon Him,
for He careth for you. 1 Peter 5:7*

In order to walk in Discernment, you need to let go of the chaff in you life. You need to let go of petty annoyances and trivialities. We all need to stop majoring on the minors. Small grievances can pull you down beyond measure. It is sort of like carrying too much heavy junk in your pocket. Yes, they may be good things with all well intent, but they weigh you down. We are not meant to be laden with the cares of this world. That type of mentality is no different than that of the regular non-Christian. God has better things planned and in store for us. He wants to take the weight from us. We need to release it. We need to let it go. If we hold on to old mindsets and ways, there is no possibility of growth. We need to live as Christ commanded us. We are to cast our cares upon Him. Let God take care of the issues. We need to begin to think about and meditate on God's promises and begin to walk in them.



Delegate

Left elbow on soft skin

*Come to me with you ears wide open.
Listen for the life of your soul is at stake.
Behold I have given you all the love and
sure mercies that I had for my servant
King David. He proved my power by
conquering foreign nations. Isaiah 55:3*

Ask and ye shall receive, seek and ye shall find, knock and the door shall be opened unto you. God has delegated to us a life with purpose, meaning and fulfillment if we seek and put Him first.

What you would choose for yourself is in no way to the level of what God wants to choose for you. He created you. He knows every detail about you. He wants you to enjoy your life, to have an exciting, wonderful, fulfilled life. He knows your likes, your dislikes, your preferences, your nuances, and your unique personality. He knows it all. You are not a mystery to God.

Eye has not seen nor ear heard all that God has prepared for those who love Him and are called according to His purpose. Jesus promised that He and the Father would send us the Comforter. The Comforter is meant to help guide and direct us in the affairs of our daily life. We are not here haphazardly or alone. Strong meat belongeth to them that are of full age, even to those who by reason of use have their senses exercised to discern both good and evil. Hebrews 5:14.



Disorder/Discord

Chaos/Over exuberance.

Left under arm to the outside where arm attaches to body

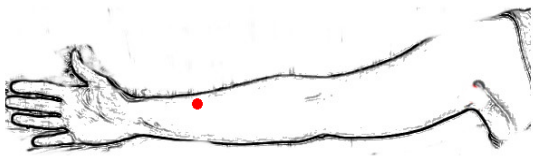
*He is my shield, and the horn of my salvation,
my high tower, and my refuge, my savior;
thou savest me from violence. II Samuel 22:3*

We are told to meditate on the word of God day and night that we may be able to do what is written and then we are promised good success. Joshua 1:8. We are not meant to be perfect. We are simply meant to trust. We are meant to trust fully. We are to place our whole life and weight on the Heavenly Father.

Disorder and discord are a form of violence and it hurts your soul. It is really no different than a physical punch. It is a punch in the spirit realm. Always remember, when a seed is sown there is a harvest, whether good or bad, so take heart...

The first time I experienced the Holy Spirit telling me what Discord was, He showed me a classroom full of misbehaving 5th graders who would not listen or settle down at the end of the day. They were just running around crazy like, ignoring me, and not listening to anything I said...

Endocrine System

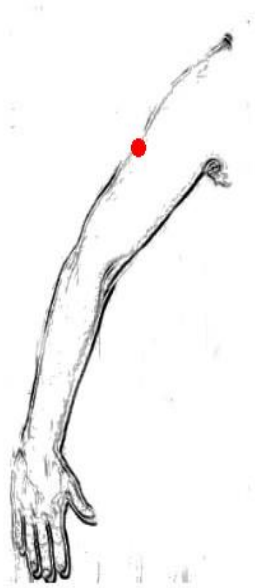


- Left arm inside edge about one index finger length from wrist

Beloved, I wish above all things that thou mayest prosper and be in health, even as thy soul prospereth. III John 1:2.

All systems are a go when we allow God to direct our flow of life. If we allow the Holy Spirit to infuse every cell, fiber, and molecule of our being with His divine enablement, we will be able to function as we are supposed to in this world. Our spiritual metabolism will be in balance. We won't be too cold or under energized. We will have renewed strength. If however, and sadly, (many of us do this without any thought,) we begin to put our own thoughts, wants, and needs as those of God and we sit as God in our own life, our systems will begin to clog. It is easy for one to go into this trap because you may feel you are not hearing from God so what does it really matter? It matters... such actions are the spiritual analogy akin to when someone eats a poor diet too high in sugar and not high enough in real nutrients. A person at that point will eventually begin to shut down.

Fibroids/Uterine Bleeding



But Jesus turned him about, and when he saw her, he said, Daughter, be of good comfort; thy faith hath made thee whole. And the woman was made whole from that hour. Matthew 9:22

Before thou camest forth out of the womb I sanctified thee and ordained thee a prophet unto the nations. Jeremiah 1:5. God almighty has called us from before the foundation of the world to walk on earth in victory. He has given us the blood of Christ and the enablement. We just need to grab hold. All things are ours in Christ Jesus. All things are really as simple as just asking God the Father. If it is in His will for your life, you will receive that for which you ask. Sometimes He uses what you want as an opportunity for growth. He will lead you in paths and ways you could have never imagined in order to stretch your faith and trust. Our walk here is not meant to bleed our resources and drain us of life. We are to enjoy our life. No matter where we may find ourselves today, praise Him, for it releases the power in your life to walk in victory not only for yourself but others as well.

Forgive

Left elbow just above bend on inside of arm



If you abide in Me, and My Word abides in you, you will ask what you desire and it shall be done for you. John 15:7

Impression points are the Holy Spirit's energy signature on the circumstance at hand. These Impressions are His mind to us. It is fluid. Just as our thoughts are not static, neither are the Holy Spirit's.

If you abide in Me, and My word abides in you, you will ask what you desire and it shall be done for you. John 15:7. The Words tells us that when we give, it shall be given us, good measure, pressed down, shaken together and flowing over shall men give to us. With the same measure that we give to everyone else we shall receive it again. Luke 6:38.

Imagine, if we are unable to forgive someone for a perceived injustice, we really can stop the flow of God in our natural and spiritual life. I know I don't want to receive unforgiveness. I want His favor. God says when our ways are pleasing to Him; He will make even our enemies to be at peace with us. God watches the hearts and minds of us all. He knows what we are going to say before we ever even say it. He knows our every thought. We do not need to be perfect, but we need to practice forgiveness to all.



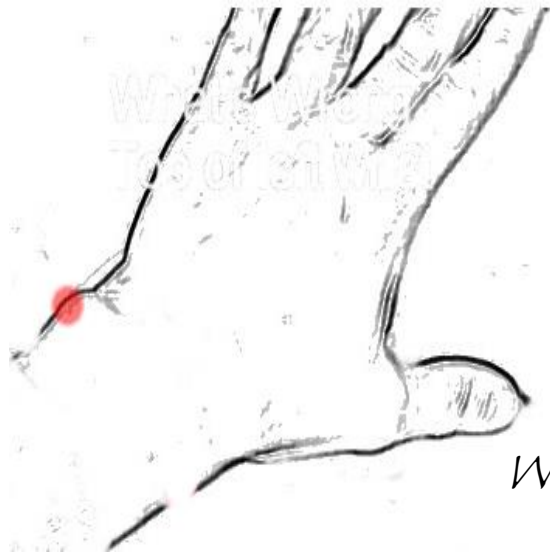
Garden

Left arm front almost
on side

*Whatever a man soweth, that shall he also
reap.*

My Grandmother introduced me to gardening when I was just about 8 years old. It always amazed me how you could just put a little seed in the ground and it would come up a plant. Her garden had such rich, black soil with no rocks or weeds. Her plants were always large and succulent. She really had a knack for growing things.

All of us are God's garden. He is trying to grow things in our life. He is the air freshener over all things. And since we are co-creators with God, we need to be gardeners of the heart as well. We need to go out daily and see if weeds are growing. If they are, we need to pull them. We need to water and fertilize. We need to watch for insect attacks and infestations. On a particularly energetic day we should loam sift the rocks and add some aged mulch. When our ground of the heart is good, God can plant His seeds of blessing with more ease into our lives.



History

Left wrist
outside bone

*Who shall separate us from the love of
God? Romans 8:35*

We are always to live in the present. We are not to dwell in the past. We must live in the moment. We are to be vigilant, for our adversary lurks about as a roaring lion seeking whom he may devour. 1 Peter 5:8. If you live and dwell too long on old history, you are opening the door to the spirits of depression and despondency. These forces are very real. Just ask anyone who is depressed. Millions of dollars are spent every day in an attempt to correct this situation. There is a far less expensive answer and solution, but too many times, people feel they can just do it on their own without God anywhere in the picture and that is where problems come in. Christians everywhere often just go and try to do things on their own with maybe a prayer or two asking God to bless them on **their** pursuits. History may teach us lessons that we may indeed glean learning from but we are not to live our life imagining and dwelling on things in the past that maybe were not even as they seem. This can be a waste of your resources for right now. God wants us to learn and move on. God wants you to move forward. He has a plan and a purpose for you no matter how old or young you are.

Hungry

Left arm outer side about one hand length up
from wrist

*For I was an hungred and ye gave me meat: I was
thirsty, and ye gave me drink: I was a stranger,
and ye took me in: Matthew 25:35*

*These Impressions points are like
water. They are for the present time and
moment. They are neither future nor past. They simply are now.*

To walk in the freshness of the new wine of the Holy Spirit's outpouring, we need to be hungry. We need a hunger that propels us into action. When our stomachs gnaw, we have sense enough to go and take a meal. How many of us though when our souls begin to gnaw go to the Word and take a meal? When heavy thoughts begin to pound your mind, when destructive thoughts knock at your door, when temptations to gossip or talk bad about others mix up your mind- these signs are symptoms that you need a good meal on God's Word. If you allow these gnawings to continue, your soul will begin to atrophy, it will get thinner and thinner until you feed it again. You know how contemptible you feel when you have worked all day and haven't eaten, you are depleted. In the spirit realm, it is the same way, if you don't eat, you will get grumpy and contemptible. Go and have a bite of God's good word.

I don't want to do this



Left wrist under side center

This book of the law shall not depart out of your mouth; but thou shalt meditate therein day and night, that thou mayest observe to do according to all that is written therein: for then thou shalt make thy way prosperous, and then thou shalt have good success. Joshua 1:8

God tells us that His Book of the Law shall not depart from our mouths, that we are to speak it and think about it throughout the course of our day. The Word is the great transformer. The Word can turn sniveling and cowardice and fear into valor and strength and might. When we speak His Word, we are covered with divine protection. He will make our way prosperous and then we will have good success. We are not to lean on our own understanding, but we are to acknowledge Him in all our ways. How often do we feel the familiar "I don't want to do this" coming up in our souls? How often do we ignore this? How often do we participate in something we really don't want and end up feeling pretty crummy for a long while afterwards? God says we need to lean on Him. We really need to listen. Sometimes saying no is the best choice. If you feel weak, He is strong. He will go before you and He will be your rear guard.

Incorrect/Correction

Left arm inner side where it attaches to body

Osteoporosis



• *Leave behind your foolishness and begin to live, learn how to be wise.*

Correction is a part of life. Sometimes we may be headed one way and no matter how hard we try, God will place blocks in our path. Too much effort without success should be an indication that you may not be on the right path. Does your soul feel strife when you are pursuing your desire? Does it feel pressure? If so, ask God to help you clarify your goals and to assist you to the right path.

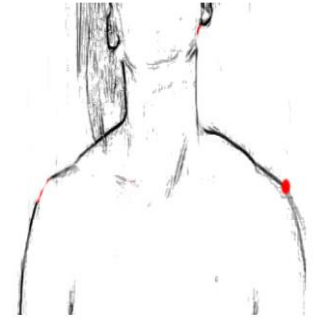
If you are a believer, God knows He gave you a new heart when you were born again. He knows that your spirit wants to do the right thing. It is indeed a life-long process for the soul to empty itself of vanity and to become one with the will of God. We are not perfect yet and we are not going to hell if we miss the mark. God will give us plenty of opportunity and re-taking of tests until we come to understand that only His will produces the desired results we really want in our life.

Lawsuit

Left shoulder edge

But I say unto you, that ye resist not evil:
but whosoever shall smite thee on thy right
cheek, turn to him the other also.

Matthew 5:39



David says, "Revive me by your word. I told you my plans and you replied. Now, give me your instructions. Make me understand what you want, for then I shall see your miracles. David understood when you walk in your own fire you will only have ashes. If you walk by the light of God you will see clearly. He will renew you.

We are not to take one another as Christian brothers and sisters to law. If someone asks for our coat, we are told to give it. If someone slaps us on the cheek, we are to turn the other to him also. We are not to live in the flesh. What God sees done in faith will be rewarded openly. You may look at such behavior as weak. In reality, it takes far more strength and control to walk circumspectly than it does to just spout off and vent and speak and react to every foolish thing which can come into your mind. If Christians could live as the dictates of God prescribe, our world would be entirely different. When we practice higher living God will see and be able to trust you with the true riches. If we fumble about and try for our own ways, we are promised that is all we ever will get.

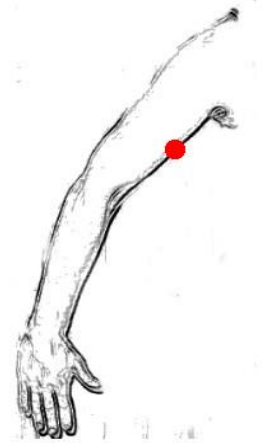
Lines You Have to Cross

Left Arm muscle bump center

Depression

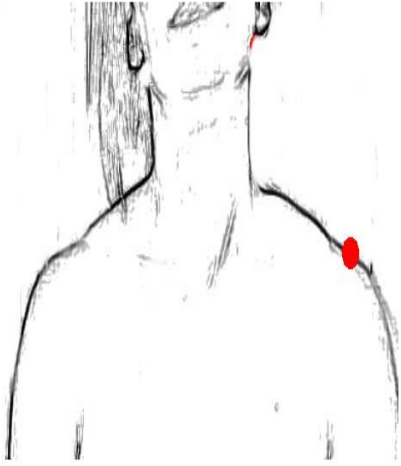
Hear therefore, O Israel, and observe to do it; that it may be well with thee, and that ye may increase mightily, as the Lord God of thy fathers hath promised thee, in the land that floweth with milk and honey.

Deuteronomy 6: 3.



Each of us is promised a land flowing with milk and honey. We are all headed to the Promised Land. The Promised Land does not just have to be something after we get to heaven. The Promised Land is for **now**. The Promised Land is for you in this moment. However, we are all on a journey and it is a path on which we must rely on God's providence to see us through, to cross the line from mediocrity into completeness and fullness... God has placed a desire in each of our hearts. Yet, most of us, sadly enough, are in slavery. We are in some sort of job we really don't like and we are stuck paying a bunch of bills we don't really want. We are in a box and we can't seem to find the way out. It hurts. You just feel as if you need to fly, to be let out. We are designed to fly, not literally, but in our hearts, and souls, and spirits. We are created in the image of God.

Meal



Left shoulder on top and also a little on the back

And he said unto me, It is done, I am Alpha and Omega, the beginning and the end, I will give unto him that is athirst of the fountain of the water of life freely. Revelation 21:6

Jesus said on the cross, "it is finished." All that we need has been delivered and supplied at Calvary. We need to partake of the Bread of Life daily. He is Alpha and Omega – the Beginning and the End. Jesus promises to give unto him that is athirst of the fountain of the river of living water freely. We are promised to be in His dynamic flow, a flow which will invigorate the mind, body, soul, and spirit. To him that overcomes we are told, he shall inherit all things. We are not lowly ants looking at the world's giants. We are God's very own sons and daughters. He wants to do great and mighty things through us. We stop Him however from feeding us and giving us a full digested meal whenever we choose our own way, when we think a bad thought, when we gossip, and when we put ourselves before anyone or anything else. Jesus is the word of God and whoever believes on Him will not perish, but have eternal life.



Monk

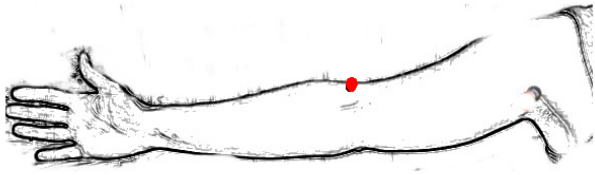
Left outside forearm
about one index finger
length up from wrist bone

The heart of the righteous studieth to answer:
but the mouth of the wicked poureth out evil things.

Proverbs 15:28

We are to study to show ourselves approved unto God a workman that needeth not be ashamed, rightly dividing the Word of Truth. All of us are as much of a monk as we choose to be. A monk sets himself apart to be with God, to study His Word and to meditate and speak His promises out over their lives. We as everyday believers have the same rights and prerogatives to sequester ourselves to God, whether it is in the car or while out on a walk. If your heart desires to be with God, the places to commune and fellowship with him are endless. For instance, when you take a walk and a picture of opportunity presents itself in your soul just stop and reflect on the magnitude and greatness of God, the creator of heaven and earth. We, as Christians should, just as Jesus did, find time every day to spend with God. Then, when we go out, our countenance will shine from being in his presence.

Name



Left arm on bend
line at top

*And she shall bring forth a son, and thou shalt call his name
Jesus: for he shall save his people from their sin. Matthew 1:21*

When the Holy Spirit presents and you don't understand what He is trying to say, think about what's going on around you and then say it as a one- word type descriptor. Ask the Holy Spirit to help you. The Holy Spirit will then verify to you with something that feels like a pinch back when you receive and understand what He is communicating to you...

At the Name of Jesus every knee must bow and every tongue confess that Jesus Christ is Lord. We can be confident as we go about our daily living that the Name of Jesus is our shield protecting us wherever we go. His blood covers us as we go about our daily business.

There are many things which can define a name. It identifies to whom we are speaking and what we are speaking of. It identifies a reputation and a character. It brings to mind deeds done and undone...Proverbs tells us that a good name is to be sought after more than gold or silver or rubies or pearls.

If we are to walk in Discernment and hearing what God has to personally say to our hearts, we must keep our names clean. This is our job. It is a job that must be watched and performed with contemplative thought every day. Everything we do has a reaction and repercussion in the spirit realm.



Night

Left arm on
inner side of
shoulder

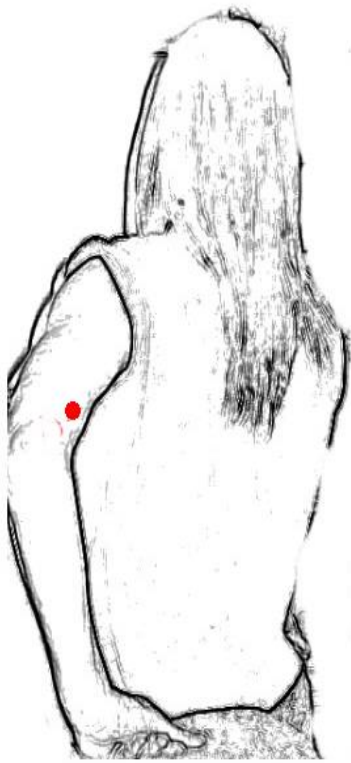
Seek Him that maketh the seven stars and Orion, and turneth the shadow into the morning, and maketh the day dark with night: that calleth for the waters of the sea, and poureth them out upon the face of the earth: The Lord is his name. Amos 5:8

When the Holy Spirit begins to really lead in you, He will bring to your remembrance at a later time one of His earlier Promptings. It is a little tough at first to differentiate but pretty soon you begin to remember one prompt from another. This is when walking in and with the Holy Spirit takes on an entirely new and thrilling dimension.

Night is a time of rest, a time of restoration, a time when we let the cares of the world go. God promises to give sweet sleep to his beloved. If you are in Christ, then you are beloved and you can claim the promise of sweet sleep.

One must sleep in order to dream...God spoke to many of his people in dreams. He still speaks today. Keep a notebook beside your bed. When you waken from a dream, write it down. If you go on with your day without writing it down, it can often slip away. Many great inventors, writers, and artists, and musicians who in their waking state have been stymied have received solutions, scripts, melodies, and answers from their dreams. The Holy Spirit never sleeps. He watches twenty-four, seven. He cares deeply about each of us, so much in fact that sometimes the only way for Him to get a message across is while we are asleep.

Old



Left arm one knuckle
length up from inner bone
on soft skin

For the prophecy came not in old time by the will of man: but holy men of God spake as they were moved by the Holy Ghost. II Peter 1:21.

Behold, I make you a new, sharp threshing instrument having teeth. Thou shalt thresh the mountains and beat them small and shall make the hills as chaff. Isaiah 41:15. God is in the business of making things new. When we are in the flow, no mountain or granite cliff in the spirit realm can remain. God goes before us making the crooked places straight and breaking in pieces the gates of brass and cutting asunder the bars of iron. Things that are unseen are first dealt with. Once He sees our heart and soul can be resolute amidst turmoil, then the physical manifestation in the natural realm can occur. What breakthrough do you want today? God has it for you. Everything we do is a test. Do you have the ability to pass? Only with God's help and guidance are we able to see the path. God is most concerned with our heart attitude. He even puts a new heart of flesh within us when we are born again of the spirit to make us want to do the things to which He has called us.

Permission

Left arm just above bend
almost on topside of arm

For I will not see you now by the way; but I trust to tarry a while with you, if the Lord permit. 1 Corinthians 16:7

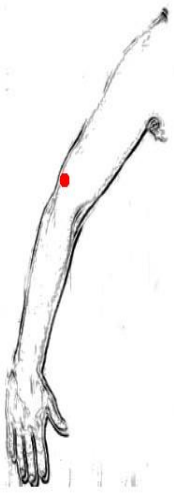
Permission is that which is allowable. It is a consent to something or someone for a certain situation. God Almighty has given us His power to trample upon serpents and scorpions and over all the power of the enemy. Luke 10:19. We are promised that nothing shall by any means harm us (the spirit which God has given us).

We have been given permission to **NOT** allow poor choices to have dominion over us. We are given the power to rise above less than ideal circumstances. We are given the authority to live above the fray of carnality – walking in our own desires and our own ways. When someone practices “me first”, they reap a harvest of loneliness, bitterness, and hatred. Who wants that?

Instead, we are to speak God’s creative Word out over our life. Be a co-creator with God for prosperity and health.

Pray

Left arm just above elbow two knuckle lengths over
from where it bends



*But thou, when thou prayest,
enter into thy closet, and when
thou hast shut thy door, pray to
thy Father which is in secret;
and thy Father which seeth in
secret shall reward thee openly.*

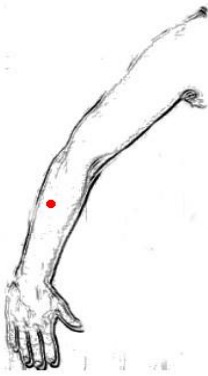
Matthew 6:6

We are to pray at all times with all perseverance for all the saints. We are to put on the full armor of God that we may be able to withstand the fiery darts of that which comes against us. Prayer is a weapon of warfare along with the word of God. Sometimes it may seem really hard to pray. Or you may wonder how to pray or what to pray. Sometimes you may just feel too sleepy or too busy. All of these feelings are just that. They are feelings. Prayer is a decision you have to make just like exercise or eating right. It is not just something you feel. After a while as you practice the habit of prayer, if you don't pray, your body, soul, and spirit will let you know, just like when you don't exercise after being sedate for too long..

Begin to pray maybe by singing a song or reading a book on prayer. Begin to tell God how you feel about Him. Pray for other people. Pray for yourself. Just do it...It's the way to develop those spiritual muscles.

Predator

Left arm on top one index finger length down from center of elbow bend



When you are in the middle of a situation, He will bring to your remembrance an earlier prompting. He will make you to know His perspective on a given situation. It is at this point that you will truly begin to understand what "Comforter" means.

Be sober, be vigilant; because your adversary the devil, as a roaring lion walketh about, seeking whom he may devour: 1 Peter 5:8

We are promised that the devourer, the predator will be rebuked and that he will not touch the fruit of our vine, and neither will our vine cast forth the fruit before the time. Once God has begun a good work in us, He will see it through.

The enemy is the one who comes in the unseen realm to hate, kill, steal, and destroy dreams, hopes, ideals, and lifestyles. Jesus has come on the other hand that we might have life abundantly. With men, time may pass and things may become and look impossible, but not with God.

Never give up on what God has put in your heart. It is there for a reason. God wants it to come to fruition, not only for your blessing, but to bless others as well. With Him, all things are possible. God wants you to fly, to soar, to be all you can be in Him. The "predator" really has no power in your life when you remain in the shadow of God's hand.



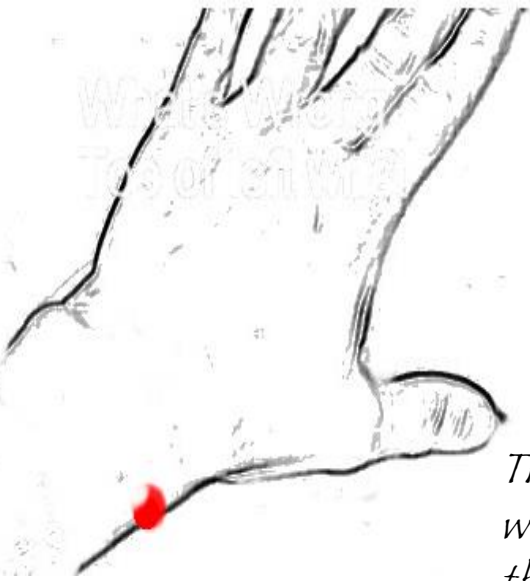
Relief/Breath of Fresh

Below Left elbow
on bone.

*Learn to do well; seek judgment, relieve
the oppressed, judge the fatherless, plead for the
widow. Isaiah 1:17*

Ask ye of the Lord in the time of latter rain and He shall make bright clouds and give showers of rain and to everyone grass in the field. Zachariah 10:1. God wants to give you relief from the desert in your life. Your desert may be lack of fulfillment, lack of money, lack of a mate, lack of hope. If you are a Christian, God has something better for you. But, you have to ask, and believe. We are partners and co-creators with Him. Would you expect a fellow human to just create something for you without ever talking it over, perhaps maybe, but not likely. Well, God because He is not human, could, but won't because He first and foremost wants a relationship with you.

Your desert may be there by your own device or you may just be the recipient of a very dry time. God wants to give you relief and release from the stagnation quagmires of selfishness, anger, resentment, and turmoil.



Riding

Left wrist on inner side

Then shalt thou delight thyself in the Lord and I will cause thee to ride upon the high places of the earth, and feed thee with the heritage of Jacob thy father: for the mouth of the Lord hath spoken it. Isaiah 58:14

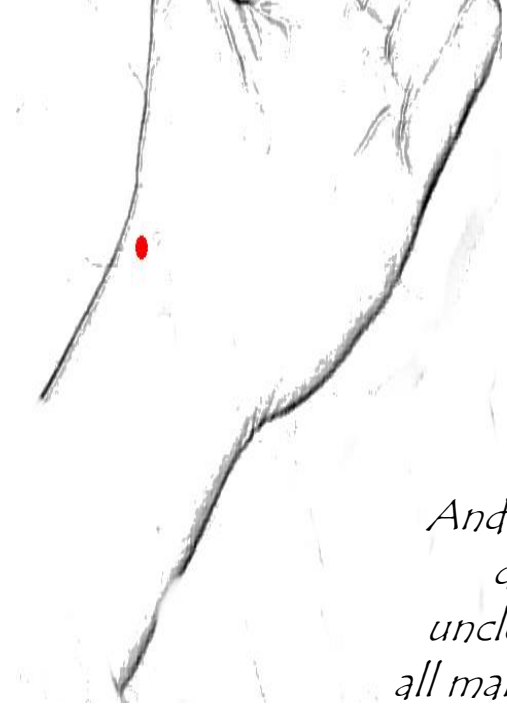
Sing unto Him that rides upon the heavens of heavens which are of old. And lo, He doth send out a voice and that a mighty voice. He gives strength and power and might to His people. Psalms 68:33.

We are not to allow things to ride over us all rough shod. We are to ride upon the winds of the morning. If you are all clogged up and your life feels like one big traffic jam, then maybe you are spending too much time on things that God would rather have you just put aside.

How many things in your life are really just busyness and not productive work for God? Sometimes the most productive work we can do is to just sit at His feet. Many of us however have the "Martha" syndrome. We are busy doing this and that and this and that. But the question is, are we really spending quality time with God? Jesus praised Mary on that she had chosen the better thing. Are you getting to know Him?

Sickle

Left wrist under
and to the outside



*And when he had called unto him his twelve
disciples, he gave them power against
unclean spirits, to cast them out, and to heal
all manner of sickness and all manner of disease.
Matthew 10:1*

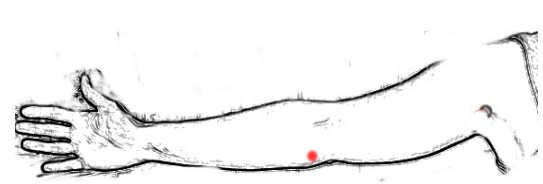
The following verses are what I like to call Power verses. They are verse to speak out over your life. God's Words have creative power. We are co-creators with God. When you sow a seed, when you speak a scripture, you reap a harvest, you reap a a spiritual harvest.

Revelation 3:20 says: Behold, I stand at the door and knock. If any man hear my voice and open the door, I will come into Him and dine with him and he with me.

III John 1:2 says: Beloved, I wish above all things that thou mayest prosper and be in health even as thy soul prospers.

Trail

Left elbow just below bend on inside bottom of arm



After a time, you will receive Impressions so frequently you will begin to understand them just as facile as your own language.

And many nations shall come, and say, Come, and let us go up to the mountain of the Lord, and to the house of the God of Jacob; and he will teach us of his ways, and we will walk in his paths: for the law shall go forth of Zion, and the word of the Lord from Jerusalem. Micah 4:2

At times in our life there may appear to be two roads, a decision to be made. One path at the time may seem easier, but somehow you know deep down in the long run, it will be worse. The other path initially may seem more difficult and narrow in the beginning. Scripture says, Behold, I set before you life and death, therefore, choose life. Deteronomy 30:19. How many times do we participate in things which are not good for us? How many times do we choose the lower, broader, easier path? How many times have we wished we had made the other choice? Many there be that are called but few are chosen. The walk of a true Christian is anything but easy in this world. There are disappointments, setbacks, ridicule and a myriad of other heart shaping forays into learning how to choose God's will and not your own. All these things no matter how hurtful or seemingly unnecessary are used by God to shape us into stronger souls, able to war and priest for the heavenly kingdom.

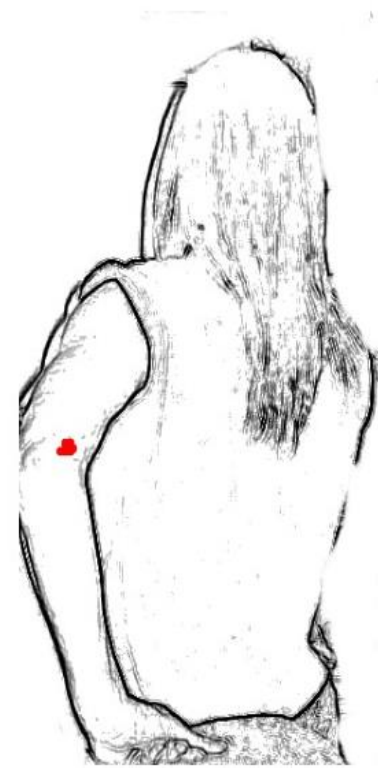
What's wrong

Top of left wrist center

*He suffered no man to do them wrong: yea, he
reproved kings
for their sakes. 1 Chronicles 16:21*

We are to cast our cares on Him because He cares for us. We are to take no thought for the morrow, for the morrow will take care of itself. The Lord gives us peace. Peace not as the world gives, but a supernatural peace, a peace that passes all understanding.

When our souls are downcast, we need immediately to realize that this is a spiritual attack of the enemy and we need to either start speaking scripture verses or praying for others. We have to be pro-active, not re-active. We are not to be all double minded – praising God on Sunday and then complaining about our life on Monday. We are not to dwell in the past or a series of “what-if’s”. We are to dwell in the present. We are to live in the moment. All Holy Spirit Impressions are in the moment. *If you live in the past, it is like living in the hatred of now.* God does not want anyone living in hate. We are to live in the current flow.



Win

Left inner
elbow small
bone

*The fruit of the righteous is a tree of life; and he that
winneth souls is wise. Proverbs 11:30.*

We are to be overcomers in this life. We are to live in victory over the flesh, which is our own wants and desires ahead of anything else. God does not want our systems poisoned with flesh. He wants us to be winners. We all like the Apostle Paul can press toward the mark of our high calling in Christ Jesus.

When we feel that we do not want to do something that we know is right, we must press past our feelings and do the correct thing anyway. Feelings in your thought life are fickle. They are not trustworthy. Feelings can be very hateful. Walking in the love of Christ is a choice. It is not a thought up feeling that is in your mind. God stands beside us as a mighty warrior. Before him all our spiritual enemies will fall. This we are promised. We are delivered from the hand of the oppressor. And this was determined before we were ever born even before time began.