

# Index Chapter 3

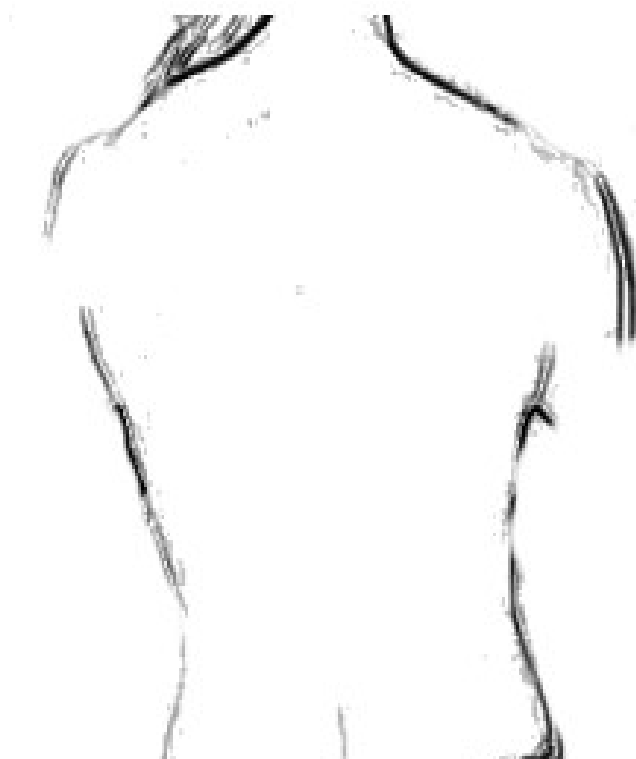
## BACK

. . . The Holy Spirit Impressions feel like little electrical zaps or pin pricks on and in different parts of the body...

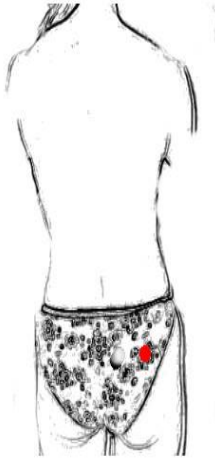
- Battle
- Boyfriend
- Canned
- Debt
- Exercise
- False Friend
- Faith
- Fend Off the Sharks
- God Helps
- Heard
- Offend
- Niche
- Play
- Poison
- Situation
- Sponsor/Stay
- Thief
- Trash
- Traveler
- Turn Me Loose
- Understanding
- Vengeance
- Weird

## Back

- Holy Spirit impressions on back



## Battle



*The Lord stands beside me as a mighty warrior. Jeremiah 20:11.*

Lower back about one index finger length to the right from spine

The Lord stands beside us a mighty warrior. God's eye is ever upon us. And, Jeremiah says "Before Him – the mighty terrible One, they shall stumble, fall, be ashamed, defeated and thoroughly humiliated and have a stigma upon them forever." Well, exactly who shall fall? Is it the enemy we can see with our natural eye? Jeremiah was a prophet of God. He understood many things which we still have yet to grasp. However, God is revealing Himself more and more in these last days and times. Jeremiah knew that the enemy – the rulers of the darkness of this world, the principalities and powers that are allowed to operate in the minds and hearts of people disconnected from their heavenly source would be vanquished.

Life is a test and a choice. Do we see with natural sight or do we see with divine enablement? If we look through natural eyes we will always find defeat and disappointment. If we look through the eyes of our Lord, we can have victory NOW – not at some later time.



## Boyfriend

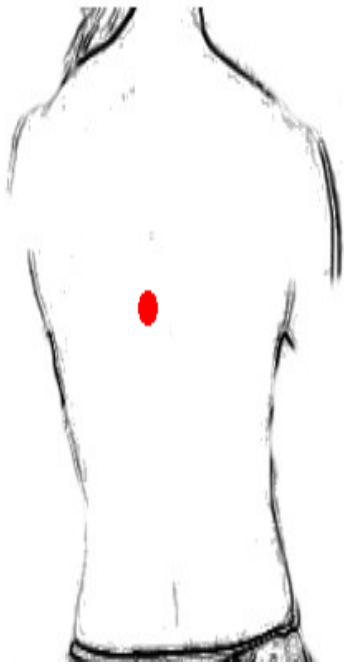
- To the right of spine

*He that covereth a transgression seeketh love; but he that repeateth a matter separateth very friends.*

*Proverbs 17:9*

Every knee shall bow and every tongue shall confess that Jesus is Lord to the glory of the Father. There is no devil in hell or on earth that can abuse and criticize to the true hurt of a believer. Yes, our souls may hear, but God will cover us – our spirit with His pinions. We are to trust in Him. And dear believer, what does not kill you, God has allowed to make you stronger and to shape and form you into the individual you are supposed to be in order to take your rightful place in the heavenly kingdom even now here on earth.

The Apostle John says in III John 2:1, "Beloved, I wish above all things that thou mayest prosper and be in health even as thy soul prospereth. Now isn't that the kingdom of heaven here on earth? Of course it is. Everyone wants to prosper. Everyone wants worth and significance, and to be loved and forgiven. You and I can walk in that blessing today if we will just allow God His way. He will lead us in the path which is best designed and suited for our soul.



## Canned

*If the clouds be full of rain, they empty themselves upon the earth: and if the tree fall toward the south, or toward the north, in the place there it shall be.*

*Ecclesiastes 11:3*

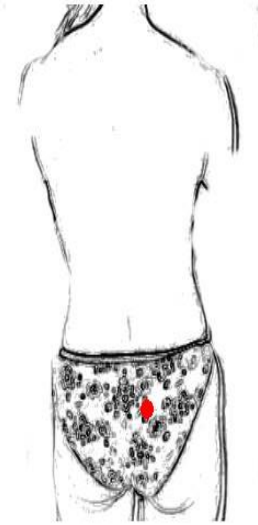
- To the left of spine where bra straps are on left

He chose us before we were born. He says that before He formed us in the belly, He knew us and before we came out of the womb, He sanctified and ordained us as prophets to the nations. We are to daily put on the full armor of God that we may stand against the wiles of the enemy.

Just as example of a wrong decision and ignorant naiveté, many times I hear women and girls, in particular say how wonderful it would be to live with my boyfriend. I love him so much. He is so cute. This type of mentality reminds me of a poor little fairy tale character wandering into the woods only to be eaten and devoured mercilessly by a wolf. God has better things in store for his people. I believe God is asking His people today, "Why would you want to give away your youth and your God given beauty for nothing?" Think twice, it may be fun now, but you will pay the piper for being in league, alignment, and agreement with a rebellious man.

- Right side lower back one knuckle length from spine to the right

## Debt



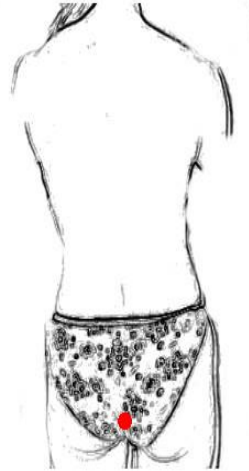
*If the thief be found, he shall restore seven fold.  
He shall give all the substance of his house.  
Proverbs 6:3*

The spirit world is governed by irrefutable rules. We reap what we sow. Try or wish as we might, we are helpless and hopelessly unable to set the standards. God has already set them. We must abide or pay the consequences. Someone who has never been through any sad experience may laugh and say it will never happen to them. Wake up! Look around you. How many older people do you see whose lives are broken, disintegrated and completely sad? How many women and men are suffering divorce, how many are coming out of abuse, or have abused substance themselves for escape? Do you actually think these people want to be in these situations? Never! These situations happen for one reason and one reason only. The bottom line is that we have chosen our will as being superior to His will. We knew the right choice to begin with, but we chose what we thought would be in our own best interest. After all, God just doesn't want any of us to have any fun.

- On tail bone  
where back  
attaches to butt

## Exercise

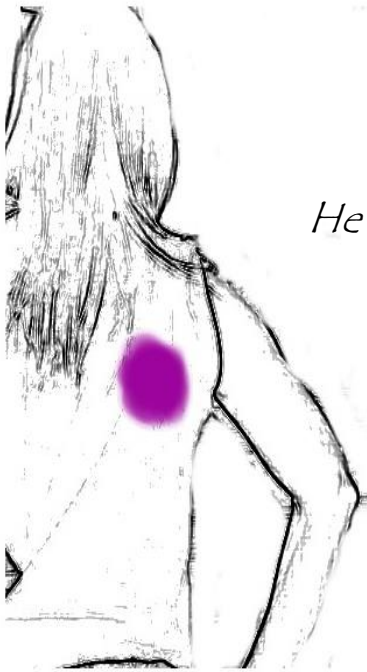
*And herein do I exercise myself, to  
have a conscience void of  
offence toward God, and toward  
man. Acts 24:16*



The grass always seems greener on the other person's property. Someone else's food always looks better. How come I can't have what they are having? I want that! The lust of the eyes and the pride of life are just illusions and we need to see it as that. God exercises more than our short sighted vision. He extends a fuller life if we just allow Him to be the helmsmen. Look around – human navigation winds the ship to the fiords and rocks of emptiness and disillusionment. When we truly are walking with God, every day is exciting. We ride on the winds and the wings of the morning. His mercies are new every day.

We need to not follow our feelings. If we follow these fickle wisps of folly, we will find ourselves derailed and in a heap of trouble. The only hope of turning things around is to stop with our own way and our own double-minded mixed-up, deceptive attitudes.

## False Friend/ Not there for you



*He suffered no man to do  
them wrong.  
1 Chronicles 16:21*

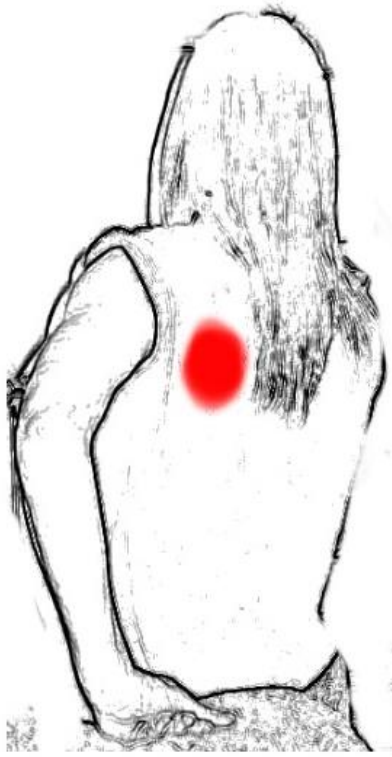
- Right shoulder blade large fuzzy area

*High Blood Pressure*

Ask God to help you develop attitudes that are His. Ask Him for attitudes and desires that are from His kingdom. Ask Him to reveal His still small voice to you. Wait on Him. He will answer. But we have to be willing and receptive to hear. To walk in discernment, we need to push hatred and faithlessness off the cliff of reality. We need to practice and live in agape love and faithfulness. We need to be aware of our thoughts. When bad thoughts and feelings begin to press in, you need to ask God to help you manage your situation and development.

And while we may suffer the consequences in this world of wrong choices made and practiced, there is always a fresh start and a new beginning. God's drill is new every morning and new every day. He does not hold our foibles against us, neither should we. God will heal all of our wounds.





## Faith

*Dry land will be filled with  
flowing springs.*

- Left shoulder blade  
– large fuzzy area

*And the parched ground shall become a pool, and the  
thirsty land springs of water; in the habitation of  
dragons, where each lay, shall be grass with reeds and  
rushes. Isaiah 35:7*

If we have our eye on someone as a romantic partner, we need to be extremely aware of the levity of choice we make. Our choice needs to be God centered and God thought. If it is based on appearance or some attribute that is only of this world, the seeds for serious consequences will have been sown. It will only be a matter of time before harvest begins. If a potential partner does not want to follow the will of God they demonstrate no capacity for discernment. If they have no love for God there can be no love for you. In fact, this person would just as soon see you go down the tubes as to watch the evening news. This may not appear so in the beginning, but after a while this sad situation will inevitably occur if your partner doesn't have a relationship with the Divine. We are warned in the scriptures not to be unequally yoked with unbelievers. There is no earthly relationship that is as revealing and as close and as intimate as that of a partner. How it must break God's heart to see such situations occur for He knows what will happen. However, He allows us the rope of privilege and permission to discover the error for <sup>154</sup>ourselves... And this free will is what shapes us into our divine destiny. Free will makes or breaks us.

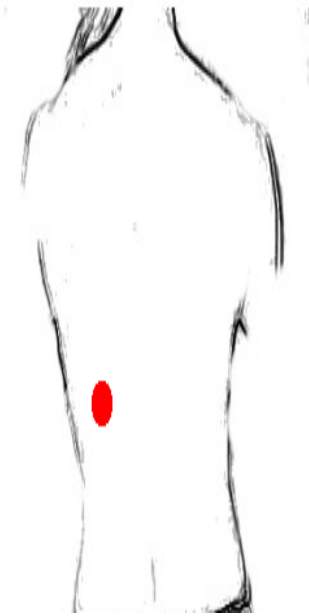
## Fend Off the Sharks

*As I was with Moses so I will be with you. I will help you yea. I will strengthen you yea. I will uphold you with the right hand of my righteousness. Isaiah 41:10.*

- Just to the left of spine near top and across from shoulder blade

How can we fend off the sharks, the stinging scorpions and the roaring lions from our minds and wills, emotions and bodily well-being? It is not always an easy thing to do. But it is a thing that can be done. A key to remaining in God's spiritual bull's eye is to spend time alone with Him in a place where He can energize and refresh you for the day ahead and what it may bring. We are to count everything and I mean everything as all joy. I heard a story of a woman who went to visit Mother Theresa and she had the privilege to actually sit down with her face to face and ask her where she got her ability to deal with lepers and their sores and to lift them from the sides of the city streets. She patted the lady on the shoulder and told her "It's all joy. It's all joy." Wow! That's staggering! I guess the lady was really asking how one can find their purpose in life. I believe we find that purpose as we commune on a daily basis with God and eventually you will see yourself as God sees you and you will begin to walk in your divine destiny.

# God Helps



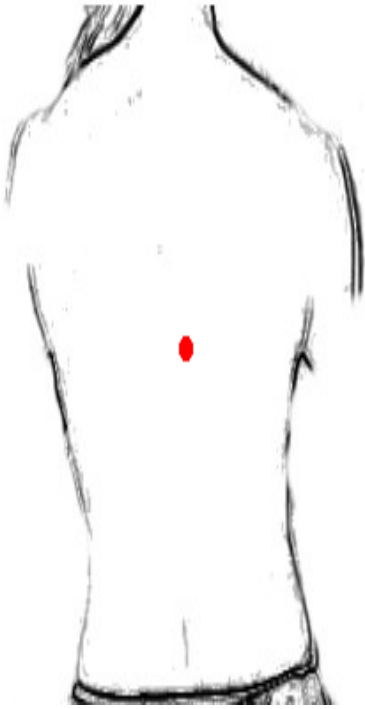
...as I was with Moses, so I will be with thee: I will not fail thee, nor forsake thee.

*Joshua 1:5*

- Back of left rib on back near bottom middle like a fuzzy circle

Because He first loved us we can love others. He helps us in ways we cannot begin to understand. The Lord transmits in the spirit realm to bring forth into the physical realm via His born-again people who have trusted in the blood of Jesus Christ as their Lord and Savior. Spirit creates matter. We may think that everyone and everything is just what it appears here on earth using the five senses. There is however entirely another dimension that is ever as real as the seen physical, carnal plane. The unseen dimension is the power dimension. The physical realm is simply the receptive and receiving end of the power. We must allow the Holy Spirit's presence into our lives flowing, unhampered, and unfettered by interruptions of self-will and self-serving which essentially amounts to the practice of selfish ways and hate filled thoughts for one's own betterment and aggrandizement. The Holy Spirit works in cooperation with man. We must be vessels in tune with God Almighty and His will not only for us as individuals but as a corporate body of believers.

## Heard/Overheard

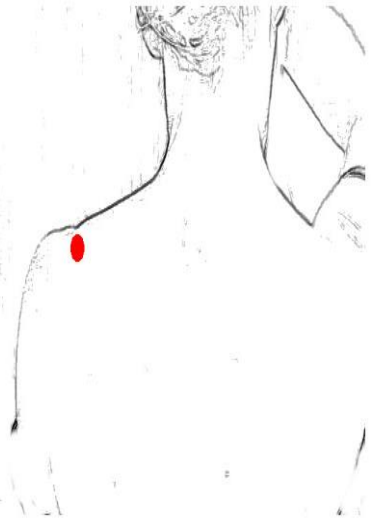


- To the right of spine just underneath bra strap

Gather yourselves together  
And hear ye sons of Jacob  
Genesis 49:2

If we fail to follow God's written blueprint for a full life, we can be sure that bad choices will occur which will bring about bad consequences. We reap what we sow in every area of our life. If you gossip, you will be gossiped about, if you create damage and havoc you will reap damage to the core in your very being. The law of reaping and sowing is an essential spiritual principle which must be understood and walked out to live in victory and discernment... Now, if you are a born again believer but you practice your reality in the carnal and receptive only realm you will be a punch dummy for the devil... Get active and wake up! You are a child of the king. You are a co-creator with God. Interrupt the devil's agenda. He really is nothing if you take your rightful place and begin to walk out the door of self-will. God promises that eye has not seen nor ear heard all that God has planned for those who love Him and are called according to His purpose.

## Meal



- Back side of left shoulder 1/2 index length from side and top

Man shall not live by bread alone but  
By every word that proceedeth out of the  
mouth of God. Matthew 4:4

We all need a good meal. Just think how irritable you feel when your stomach is growling and you've been working hard all day. Well, the same thing holds true for your soul. When your spirit gets hungry it must be fed. If you let it go hungry it will growl and be irritable and will call attention to itself until tended to. It will cause you all types of discomfort and manifestation that if you would only read a little from the bread of life you would be satiated and be able to exist clearly. If you just run around on your own busy-ness and self-steam, you will not go to hell, but you will feel like hell has eaten a part of something from your natural man. There is no way to buy back lost opportunity. But there is a fresh start whenever you stop and turn back to Him. Why keep stumbling and fumbling? Don't you want a full and exciting life? How could one be so arrogant to think they could choose better than God a destiny for themselves.

# Offend

- Back -right side

For in many things we offend all.  
If any man offend not in word,  
The same is a perfect man, and  
able to bridle the whole body.

James 3:2



It's no wonder so many people are offended around us when we proclaim ourselves followers of Christ and then are completely double minded with no real and visible results of fruitfulness in our lives. We are not intended to live in ignominy and defeat. God wants to reveal His love and power to you, God can restore you and your thoughts so that you will be full of strength in HIM. We are the bride of Christ. Sometimes it can take difficult life circumstances to bring one into compliance with the divine plan and order for good things in life. We cannot walk in our own devices or ways without receiving penalty. We all reap what we sow. The Lord knows each and every one of us even better than we know ourselves. He knows what we are going to say, think, or do before we ever even do it. He knows the righteous and He examines the deepest thoughts of hearts and minds. He wants to bring us uncovered to the place where He is. We need to ask God to help our natural minds be in accordance and alignment with His. This is a process which can take time but He will assist our offenses and place beauty where ashes were...



- On right side of back between "situation" and "Not There for You"

## Niche



He that dwelleth in the secret place  
Of the most high shall abide under  
the shadow of the Almighty.  
Psalms 91:1

We all want to find our niche in life, to find our purpose and why we are here. God is our provider and He wants us to find our niche as well. But I think that the place of resistance is actually our brain's software – the mind. In today's world we are so programmed with advertisements and things to want and things to do and things to have, that our minds lose our focus. We are easily distracted and led astray from the true path. I guess that's why Jesus uses the analogy that we are as sheep easily led astray, upside down and distracted.

Oh to have release from the quagmire our natural mind has us hostage to. We need release to fly in the spirit – to ride the winds and wings of the morning... God will, with our permission (as He is always a gentlemen), assist our pounding thoughts, He will relieve and alleviate, He will show us and lead us to correct vision. Jeremiah 15:21 said it well, "I have committed my cause to the Lord – Therefore will I sing out in thanks to Him. Praise Him for He has delivered me the poor and the needy from the hand of the oppressor."



## Play

- Bottom of right rib on side

And the streets of the city shall be full of boys and girls playing in the streets thereof. Zechariah 8:5

Unless we become as little children we can no wise enter the kingdom of heaven. We must have the faith of a child. Now, in America, the land of abundance when a child is hungry he knows that if he cries he will be fed. There is no doubt that Mommy or Daddy will provide. In this land of abundance when we are young we never think about what we are going to wear or where we will sleep or where or how the electricity and heat will turn on. It's just there and we accept the provision. We don't even think about the provision. We know it's there and we just go about our business.

This is in fact how God want us to continue to operate in this world via the connection of spiritual abundance – the Jehovah Jireh. This is no small task as an adult. We are constantly agitated about this bill and that bill and this debt and that mortgage and this car payment. God has a better way. Matthew 7: 8 says it best: Ask and you shall receive, seek and you shall find, knock and the door shall be opened.



# Poison

- Right side under rib

*Antidote: Behold I give you power to trample upon serpents and scorpions and over all the power of the enemy. And nothing shall by any means harm you. Luke 10:19*

A definition of poison is to have a harmful influence on – to corrupt or ruin. God says he will give us power to trample upon serpents and scorpions and over all the power of the enemy and nothing shall by any means harm us. Luke 10:19.

Now there is the natural world and there is the spiritual world. Harmful thoughts and attitudes towards oneself and others are deadly to your spiritual growth and walk. Poor thought life practices and attitudes can be just as lethal to one's spiritual well-being as eating poison in the natural realm would be in your dinner. Thoughts of anger and malice and hatefulness and the like exude poison over the soul.

So many times we stumble and fall and while we are down the world can just heap dirt and mud and rocks all over and not even take a care that you may be in a ditch. Believe it or not, this is your opportunity to step up to the next level so to speak. You have a choice and a chance to grow. Nasty situations should compel and drive the believer to call upon the powers of God to assist even in the most destitute of situations...

## Situation

- Where right arm meets right shoulder on back side just a little above underarm

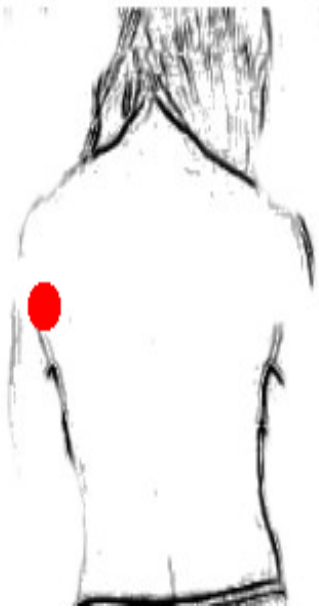
*Yes, if you want better insight and discernment and searching for them as you would for lost money or hidden treasure then wisdom will be given you and knowledge of God Himself. Proverbs*

You are a child of God. You are a son of the king. Why choose to grovel? Don't be impotent, believe that God already has your answer, your healing, your job, your mate. Armed with this understanding, now the choice is yours. When you enter into adverse circumstances, and we all do, do you try and retaliate on your own power when you find yourself in a terse situation or do you use these seeming obstacles and extreme dangers as stepping stones out of your condition? Things can get pretty precarious if not addressed properly. .

When Elisha's servant saw the great Syrian army surrounding them, he became worried. Elisha, a man of the spirit and greatly loved of God asked the Lord to open this man's eyes to see the angels and chariots of fire guarding, protecting and ready to act and react in a moment's command of notice.

Brothers and sisters, God is in control. He quells the most turbulent of winds and violent of storms. He rebukes the waves and the high seas of our life. No matter where you are you can direct your prayer to Him and look up. He will make the way straight before you. With ~~for~~ <sup>for</sup> will He compass you as with a shield.

## Sponsor - Stay



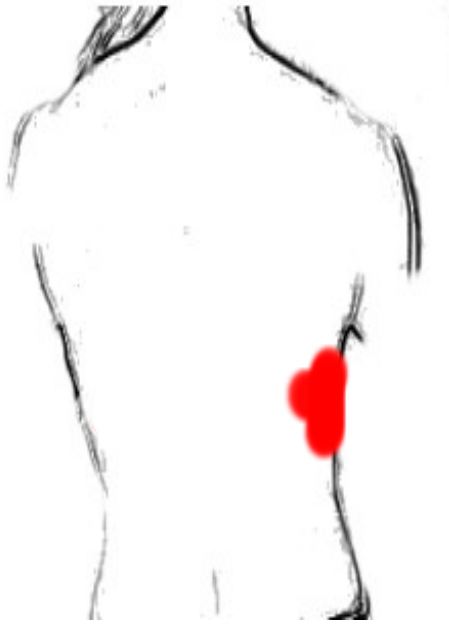
- Where left arm meets shoulder just above under arm

For God so loved the world that He gave His Only begotten Son that whosoever believeth on Him should not perish but have eternal life.

John 3:16.

Sponsor is a BIG word. To sponsor someone, one must assume or vouch responsibility for another... As I am pondering this word, the recording industry comes to mind. I am told that many A & R executives receive 6 figure incomes, have an expense account and drive BMW's. Many musicians try to land recording deals with these major mogul labels. It's a sad fact but usually only two or three acts get signed every year. There certainly are a lot of great musicians out there but who can jump the bar at the level set by human judgment? I think it is often easier to fall into the hands of God than into the hands of man... Anyway, company execs have a lot on the line. They are playing not only with company money but company and label reputation as well. Now God owns not only the recording studios but the world as well. We all have a purpose. We all have a plan. And while everyone is not destined to be a musical sensation, the Lord sponsors and signs us His deal. We must trust that His plan is higher than ours. His ways are greater than our ways. He will vouch for us. He will be there for us.

# Thief



- Right side rib- near top and to the back just a little

The thief comes only to kill, steal, and destroy. But I have come that you might have life. John 10:10

We don't need incredible virtuosity or striking talent for God to offer us the things eye has not seen nor ear heard. God sponsors us because He made us for Himself. He loves us. He has signed us on to the life He has chosen for us before the world began. He has a good plan...The word of God sponsors creative power. The word of God transforms spiritual reality to physical manifestation.

The thief comes only to kill, steal and destroy but I have come that you might have life and that you might have life abundantly. John 10:10. When things don't go our way, we cannot go crying and pitying ourselves, never to try again tail tucked between our legs, running for cover. No, you have to dust yourself off, stand back up, ask God if what you are doing is right and if not to reveal how you need to fix it. He will let you know. Then get up and start going again. God will rebuke the devourer for us. The devourer cannot touch the fruit of your vine. Whatever it is you are doing, God will protect that which concerns you<sup>465</sup>.

# Trash

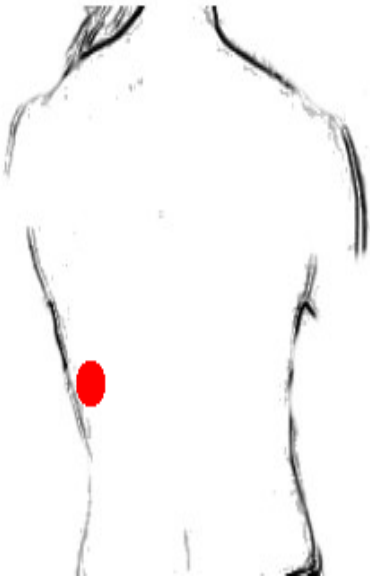


- Left shoulder blade to the side toward middle of back almost on tip

I will rebuke the devourer for your sake. He shall not touch the fruit of your vine. Malachi 3:11

I will end your slavery and restore your fortunes says God Almighty to His beloved children. It must be ever present in our minds that our prosperity and success come from God alone. He is loving and kind and rewards each one of us according to the work we do for Him. The Holy Spirit helps us to rid the trash from our lives, the trash of gossip and backbiting and retaliation and all other types of skewed thoughts and their corresponding actions. I believe we are all capable of feeling God's touch in our lives. We do not need to worry that we will miss God. We do not need to worry about missing opportunities. God is there and He knows what is best for each of us – just how much we need or can stand. He will keep coming to us. God will sensitize all who desire to live life fully – to his nudging, to His promptings, and to His impressions. All we need to do is be aware and ready to take hold and let the truth of life begin. Blessed is the man whose delight is in the law of the Lord.  
166  
Psalm 1:1.

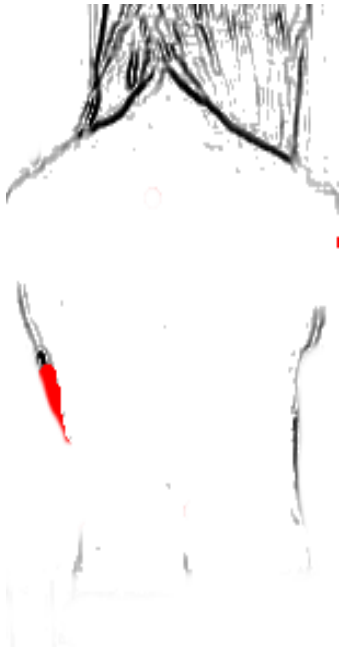
## Traveler



- Left rib back side

Go before me and be my rear guard, saying touch not my anointed nor do my prophets any harm.  
1 Chronicles 16:22

Go before me God and be my rear guard, saying touch not mine anointed nor do my prophets any harm. 1 Chronicles 16:22. God promises His protection as we travel. As a matter of fact one should never even go for a ride without saying that scripture verse. God promises that He will go before us and loose the loins of kings and open the two leaved gates and they shall not be shut. He will go before us and make the crooked places straight and break in pieces the gates of brass and cut in sunder the bars of iron. He will give us the treasures of darkness and the hidden riches of secret places that we may know that He is the Lord that calls us by name, that He is the God of Israel. Isaiah 45:2. He is with us guiding and protecting us wherever we go. The sun will not smite us by day or the moon by night. Psalm 121:6. The Lord will preserve us from all evil.



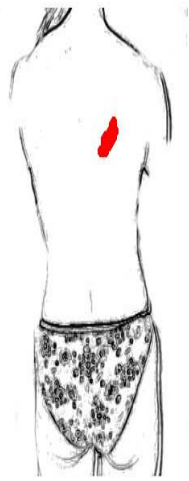
## Turn Me Loose

- Left side – ribs

Thou art loosed... Luke 13:12

We all have a God dream within. We all have a hole which only God Himself can fill. You can look here and you can look there – but there is only one source for fulfillment. And that fulfillment comes from knowing God the Father, who through the blood of Christ has given us His Holy Spirit, our comforter to enable us to walk the journey here on earth. We all have a divine path. We all have a purpose. But, it is our choice whether or not we want to know this purpose. The only way we can know this purpose is to live in vital communion and relationship with God Himself. If we choose to disallow our purpose, our life will fill with emptiness, turmoil, strife and meaningless monotony. God has a flow for each of us. You know you are in the flow when there is no blockage in your efforts. Intuitively you will know when you've been turned loose and the devourer has been rebuked from and off of the fruit of your labor.





## Understanding

- On back right shoulder blade edge near spine

Doth not wisdom cry?  
And understanding put forth  
her voice. Proverbs 8:1

We all desire understanding. It has been put in our inner most part to want to understand the reason things are the way they are. Ask God what He wants you to do. He won't upbraid you for it. Seek and you shall find His Rhema for He gives freely to all who ask in earnest. He is the giver of divine enablement to the task and or tasks He wants you to accomplish. He will never ask you to do anything He has not given you the ability for. But He does want us to learn how to lean our entire personality on Him. He doesn't just want us try and have a back-up plan just in case He doesn't come through. He wants you to be in tune with Him. If we are truly doing what He wants, then He will bring everything we need for our development into our lives. We are designed to fly with the eagles, not to grovel around on our bellies with the snails. God doesn't just help in the future, He helps us at the stage of development we are at. He knows just how much we can withstand and with every temptation to do it our way, He provides a way of escape.





# Vengeance

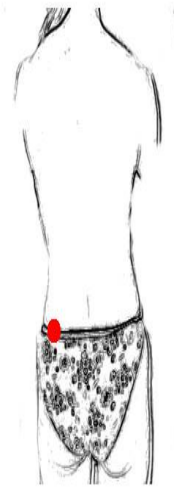
- To the right of spine almost straight through from navel

Sit yourselves and stand ye still  
And see the salvation of the Lord  
with you. Vengeance is mine  
I will repay saith the Lord of Hosts. Romans 12:19

The battle is not yours but God's. Whatever situation you may find yourself in, God is in control. He rebukes the wind and the waves and the storm. He says we do not need to fight in the battle. Vengeance is mine. I will repay says the Lord of hosts. Romans 12:19. We are told to set ourselves and stand still and see the salvation of the Lord with us. We do not need to fret and carry on and needlessly run about trying to figure out what's wrong and how to fix it. God only has to speak once and all the brew ha is abated. So ask yourself if you are trusting God to day? We are promised there is a reward for the righteous. He is a God that judges in the earth today – not sometime in the future although He will judge then as well. You may be going through something that is unpleasant to you. God does allow this in order to shape and mold our character as well as to show us His saving power and grace. Before our pots can feel the thorns, He shall take them away as with a whirlwind, both living and in His wrath. Psalm 58:9. There is not a thing in the world that can touch your spirit. He rebukes the devourer. We are safe<sup>170</sup> in Him.

## Weird

- Left side of back  
kidney area



Beloved, think it not strange concerning the fiery trial which is to try you, as though some strange thing happened to you.

1 Peter 4:12

Sometimes it seems this world is a very strange and weird place to be. Things go on around us that we do not understand. No matter how odd things may get, God wants us to keep our eye and soul in Him. We are not to trust our own understanding. We are to commit everything we do to Him. We are to trust Him to help us do whatever needs to be done and He will. God wants us to rely on Him. We are made to lean on Him. We will find that our human strength is limited. This is not something unusual. This is placed on us so that we will have to look upward and not just inward or across to others. We need to be watching over our business and not everyone else's in some kind of feigned assistance. It is quite enough to keep yourself in tune with God. He wants you to pray for others. When you come to Him and ask, He will release. For God gives to each person exactly what they are in need of in order to come closer to Him. The whole and entire point of this earthly existence is that we have a relationship with Him, the great Almighty, the maker of heaven and earth, the One who created you and me.