

Index Chapter 2

ARM (Right)

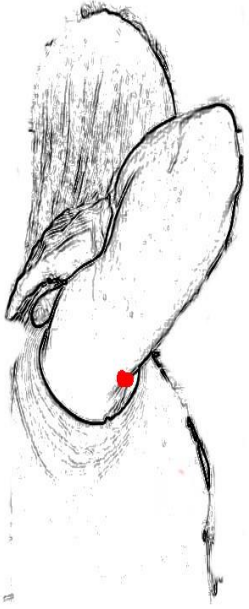
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Arm Right

Holy Spirit
impressions on
the right arm



Bathroom

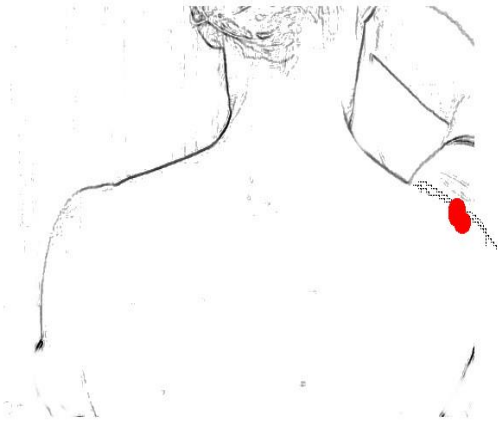


Right Under arm
near outside edge
where arm attaches

*There is a way which seemeth right
unto a man, but the end thereof are
the ways of death. Proverbs 14:12*

To walk in Discernment, we need to daily let go of all that is waste in our life, not only physically, but spiritually. Many things can be encountered during the day over which we really have no control and which need to be disposed of. There needs to be release in all of our lives. The Holy Spirit is a gentleman. He will not make you feel pressured to do what is right. He will prompt you, but that is all. It is our choice, our free will whether or not we want to walk in God's divine power, or whether we wish to walk in our own. There is a way that seems right, but it is only an illusion, for it ends in death, not necessarily physically, but a gradual, little by little waning of your life from life. If you continue to bottle up toxic, festered emotions sooner or later they will manifest in the physical body as dis-ease. Can you imagine holding a bowel movement in for any long length of time? Disease is sort of a last attempt to get your attention that your life's history has manifested and that you need to do something about it.

Benefits - Claims



Top of right shoulder on bone a half index finger length in from edge of shoulder toward neck.

Farmer, see also strength

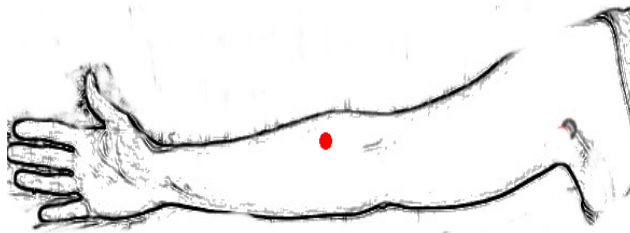
Blessed be the Lord, who daily loadeth us with benefits, even the God of our salvation. Selah. Psalms 68:19.

Each of us as believers has many benefits awaiting us right now. Many think that being a Christian is only good for a little bit of fire insurance. God wants you to live a full life now, not just in eternity. He wants you to fulfill the desire and dreams He has put inside of you. He says I have come that you might have life and that you might have life abundantly. Discernment is for everyone. Try to listen for that still small voice that is actually like a note of vibration on your body. Sometimes you may feel a kink in your neck or a kick in your stomach or a tingle down your back. Ask the Holy Spirit to reveal to you what He is saying. The vibrations the human body can feel are real and activated by God Himself. You are not just imagining it. Music vibrates, light vibrates, and sound vibrates. These are all active forces. We have the ability to feel things. Do you really think that only the devil has all the good stuff? Our God, Jehovah Jireh tells us that eye has not seen nor ear heard all that God has planned for those who love Him and are called according to His purpose. 1 Corinthians 2:9.

Channel

Right arm to the inside down half an index finger length from elbow bend

...And showing mercy unto thousands of them that love me and keep my commandments. Deuteronomy 5:10



The forces in this world want to keep you blind. They want to keep you down and unfulfilled while trying to make you feel that it is God who is trying to make you miserable. Wake Up! God has wonderful things planned for you. Yes, he may take you on some unusual journeys, but your life will be exciting. It will not be moldy and full of lifelessness.

We are to be channels for God's love. When we walk in this type of agape love, God will sensitize you to His voice. You will begin to be able to sense when the Holy Spirit is speaking and when your fleshly mind is running away.

Spirit promptings are unlike any natural thought. They are actually almost like a zap of frequency. God has made it that way on purpose so we will not need to be confused. It is a true comfort that He can speak to us in the middle of ANY situation.

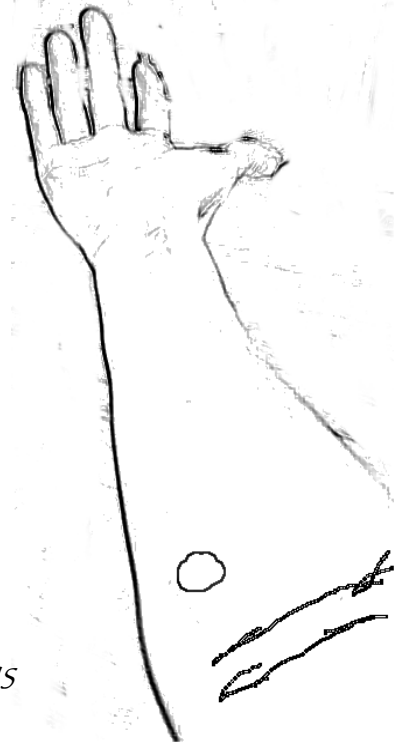
Comparing

Right Arm under side – near inner edge
below bend on arm

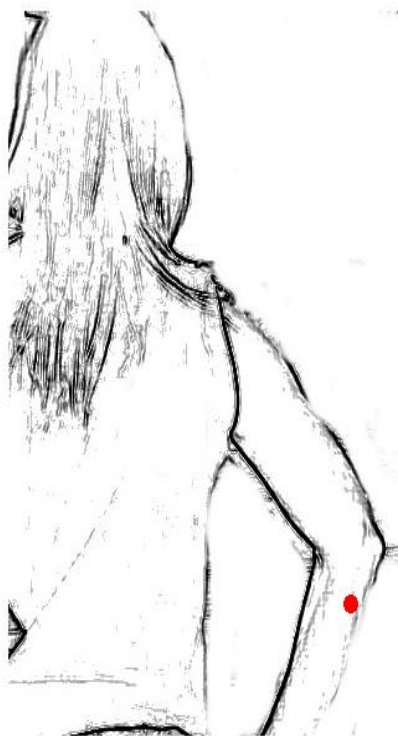
I had been thinking about other people and trying to see how they had been doing things and exactly how much or little they had in comparison to me. This prompt came like a surprise and was used for correction in my thought processes. We all are who we are supposed to be.

Wisdom is more precious than rubies: and all the things thou canst desire are not to be compared unto her.

Proverbs 3:15



God does not want us to be continually comparing ourselves with others, either believers or non-believers. We are all individual and created by God for a unique and special purpose. Yes, we are all humans, and yes we all breathe the same air, but we are each created to be one of a kind. We need to be who we are. The body of Christ needs each individual part. A hand can't say to the foot that it doesn't have any need of it. The head can't say to the chest there is no need. We are all dependent on one another. If the body is divided against itself it cannot function properly. God wants a unified body, a body that is working and developing into harmony. Only then can the Holy Spirit work with and speak to His people with ease. At this point in history I do not believe that the world cannot see much difference between itself and the average church. God is looking to change that however. We are to show that we are God's people – through the Holy Spirit.



Contract

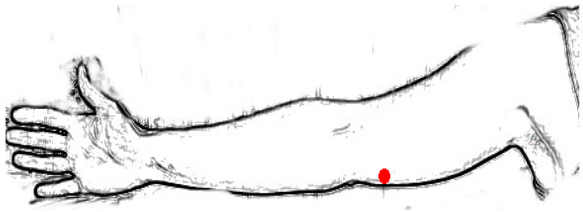
Right arm under
elbow on soft tissue

*Incline your ear, and come unto
me: and your soul shall live; and I
will make an everlasting covenant
with you, even the sure mercies of
David. Isaiah 55:3*

Behold, I have made an everlasting covenant with you to give you all the unfailing love and sure mercies that I had for my servant King David. Isaiah 55:3. Wow! God gave David kingship over his brothers and all of Israel because He saw His heart. David, the sweet Psalmist of Israel sought God first in everything. God is a rewarder of those who put Him first. Everything we do is a test. God is checking out our heart. The unsaved world would absolutely be flabbergasted if they knew and realized that believers were really hearing from God and not just something in their own minds.

The Holy Spirit Discernment Impressions are so accurate and so mark the bulls eye, that when you begin to walk in this outpouring, all people will notice a strength about you that was previously not there. God wants us to prove His power by conquering our fears and frailties, and shortcomings. What you face and conquer will finally come running to obey.

Donation



Right elbow inside right above bend going toward shoulder

For, brethren, we have been called unto liberty; only use not liberty for an occasion to the flesh, but by love serve one another.

Galatians 5:13

When we sow a good seed, we will reap a good harvest. If you sow to wrong ideas and desires, you will receive a crop of briars and pricklers. God wants us to have a flow of donation running throughout our life.

I am reminded of the parable of the good steward where one man was given 10 talents. He went and invested it and received 10 more talents. He was praised for being a good servant. There was also a second man in this story. He had 5 talents. He also invested his trust and returned with 5 more talents. Lastly there was a man who had received one talent. He went and hid his talent in the ground. Eventually, even what he had was taken away from him. He was called a worthless steward and thrown into outer darkness.

We need to be watchful that we are donating and investing our life's talents and purpose on the things that will produce interest and increase.

Dry Eyes/ someone watching that you don't want to



Right elbow outside
top small bone

Wherefore seeing we also are compassed about with so great a cloud of witnesses, let us lay aside every weight, and the sin which doth so easily beset us, and let us run with patience the race that is set before us. Hebrews 12:1

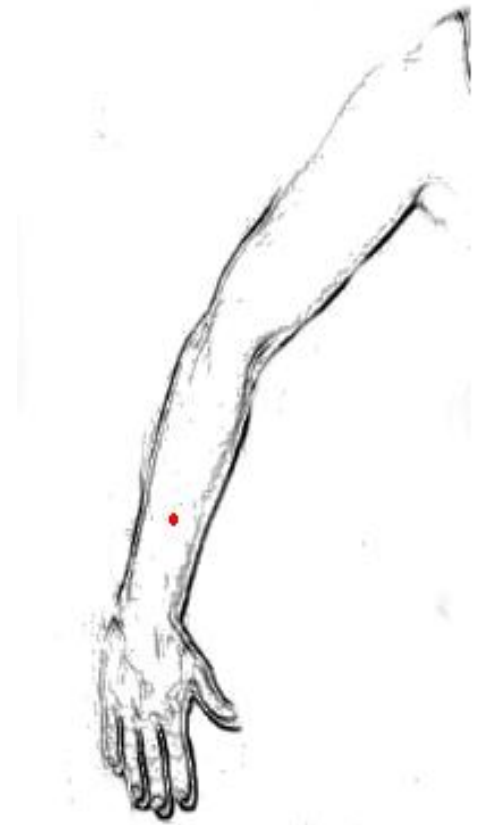
It is said in the book of Hebrews that we are surrounded by a great cloud of witnesses. And that we are to lay aside all things that hold us back. We are to run with patience the race that is set before us. Sometimes this race seems long, arduous, and so difficult. But nothing that is worthwhile comes without discipline and sacrifice. Whether we like it or not, this is God's way of forming character and solidity within us.

It is said that what we do in private is our true nature and character. What we do when no one is looking is who we really are. Who are you? In this world we may become bruised and trampled. But, "A bruised reed shall He not break, and the smoking flax shall He not quench." Isaiah 42:3. God sees our effort. He will meet us where we are to help us claim the benefits and prize of a race well run.

Embarrassment

Right arm about one
index finger length up
from wrist on lower
forearm on top

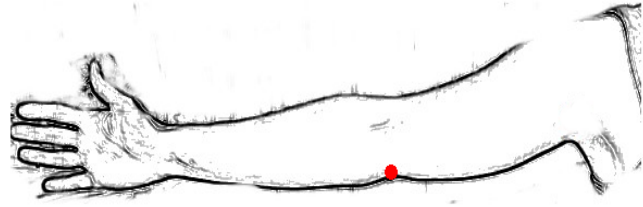
Neither do men light a candle, and put it under a bushel, but on a candlestick; and it giveth light unto all that are in the house. Matthew 5:15



Embarrassment will hold you back from walking in the things of the spirit. Embarrassment is a hateful cowardly spirit that wants you to turn inward, to stay in a situation that may be less than the best for you because you fear the oppression of man, what others may say or think. You have nothing to be ashamed of. Men do not light a candle and put it under a bushel, but on a candlestick that it may give light to the whole house. Whatever it is you have, you need to be proud. You are the righteousness of God in Christ. God created you to be who you are. If you feel some sort of need to cover or to wait until you are perfect, you need to take stock of your own motives. Are you the judge? Are you selfish and comparing your abilities with those of others? You are not here on earth to be in a contest or to win some sort of human prize. You are here to bring glory to God by being expressly just who you are.

Hunt

Right arm at bend of elbow on inside almost where they take blood over to the left about one knuckle length



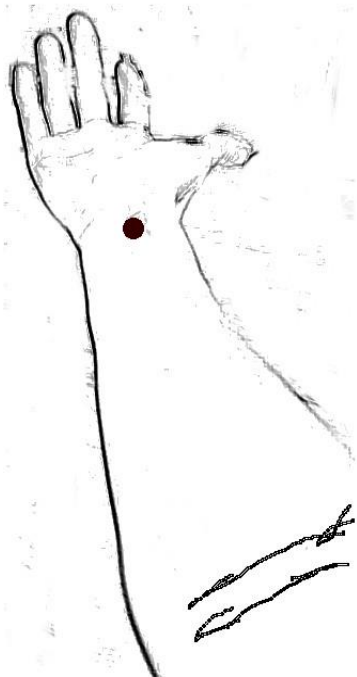
For we wrestle not against flesh and blood, but against principalities, against powers, against the rulers of the darkness of this world, against the spiritual wickedness in high places.
Ephesians 6:12

To walk in discernment we have to trust that God has given permission to hunt the evil out of our life. We wrestle not against flesh and blood but against principalities and powers. It is surprising when you walk in the spirit, how things become different. Christianity is not rules and regulations and a series of do's and do not's. It is living a vital relationship that requires God in every decision. When you walk and are sensitive to the leadings of discernment, you will sense and feel God's presence in every single thing that you do.

We are not going to have to hunt for Him. We were once lost but now we are found. He wants to be needed in your life. We need to practice optimism on the path for our life.

I believe the saddest things a human can do is to miss the opportunity to have the Almighty be a trusted part.

I Don't Want You To Do This



- Center inside of right wrist

But go ye and learn what that meaneth, I will have mercy and not sacrifice: for I am not come to call the righteous, but sinners to repentance. Matthew 9:13

Life is a learning process. If we ever quit learning and growing, we are in trouble. This particular Holy Spirit prompting - impression kind of burns and stings. It really gets your attention. You can't miss it. It is on the inside center of the right wrist.

There have been times and still are, when I tend to get excited and just start acting and reacting. In the not so distant past, if I wanted to do something, I did something; if I did not want to do something I didn't do it plain and simple, cut and dry. When I walked as a carnal Christian, it was easy just to do things the way the world did. The world says if you set your mind to something, just go ahead and do it. That type of thinking certainly seemed logical enough. If you try you will succeed the experts say. That is only a partial truth. You will succeed if it is God's will for you to succeed in a particular endeavor. If you are struggling ask yourself if you have chosen your work or did God. We all have to start somewhere.

Keys/Piano/Dental



Right arm outer side about one index finger length up from wrist bone

How beautiful upon the mountains are the feet of him that bringeth good tidings, that publisheth peace; that bringeth good tidings of good that publisheth salvation, which saith unto Zion, Thy God reigneth! Isaiah 52:7

Yes, we all have to start somewhere. Putting one foot in front of the next is the start to walking your path. Yes, you may stumble, but God will pick you up, dust you off and set you on your way. We have to learn the heavenly rules. Manmade mumbo jumbo just cannot cut it. That is one reason I believe there is so much disappointment and heartache in today's society. We are promised that if we just follow the agenda that man has set forth, we will climb the ladder and have a perfect life. God is screaming "Wake up!" We need to put on strength –His strength!

God is in the business of teaching the value of learning His way. If we ignore this, things never work out right. They are just disheveled. God grant me the serenity to accept your will and the wisdom to walk in it. He has a plan for us, plans for good and not for evil, plans to give us a hope and a future.

Market

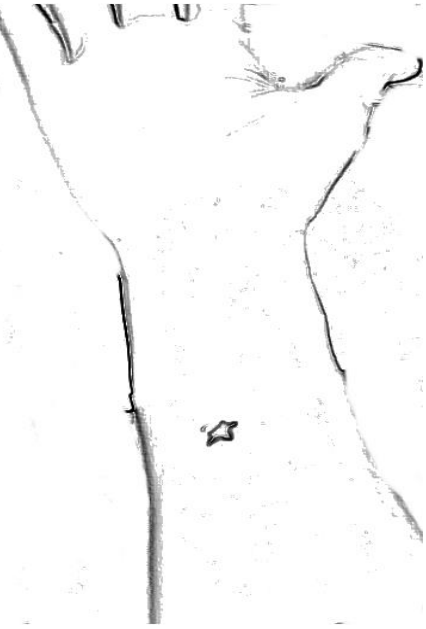
Right muscle on top



*Hear my prayer, O God; give ear to the words
of my mouth. Psalm 54:2*

David employed God in Psalm 54 to listen to his prayer and to give ear to the words of his mouth. He tells us that God is his helper and has delivered him out of all trouble. Unemployment spells trouble. Unemployment is raging in our world today. It causes all types of problems in marriages and relationships and every other sort of venue. It seems to have a "push away" effect on those around us. You may be at a place where you feel you have nothing left to offer or that you may be too old, or that you never had anything to start with. My friend, there is a plan and a purpose for each of us. We are all valuable. God will use what the world considers "throw away" just to confound the arrogant so that all will know there is a God in heaven and that there is a reward for the righteous. He is replacing our ashes for His beauty, our mourning for His oil of joy, and His garment of praise for our spirit of heaviness. He is placing us where we need to be to accomplish for Him what He pre-determined before the world began.

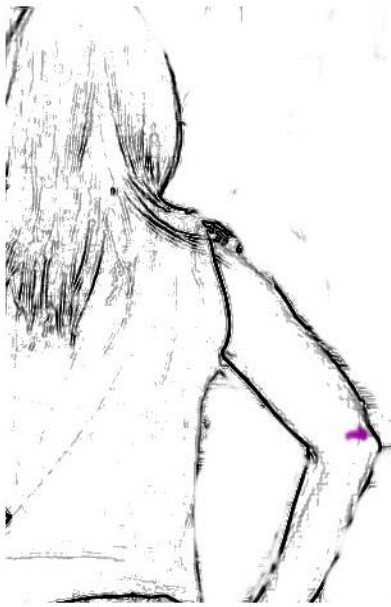
Practically finished



Right arm one index
finger length down from
wrist center just to the left
of the tendon

*Jesus saith unto them, My meat is to do the will of him that sent me,
and to finish his work. John 4:34*

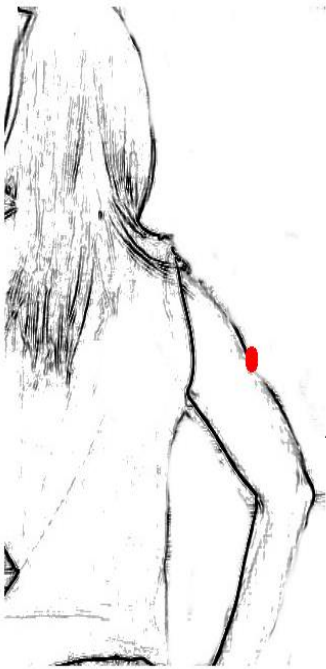
Finally brethren, whatsoever things are pure, whatsoever things are lovely whatsoever things are of good report, if there be any praise, if there be any virtue, think on these things. Philippians 4:8. We are not to be conformed to this world. God wants our minds to be transformed. Part of this work is in meditating on the Words of God. But it is also in taking captive every thought we think. When a rogue thought comes in all selfish, we need to bring it to God. What we can't do, He can. He can quell the worst of the pounding thoughts. It is a process that if repeated and drilled will bring about a peace that passes all understanding. It is discipline that must be repeated again and again. It is not an overnight deal.. Yes, our spirit is fully perfect when born-again, but our soul has a long way to grow. After a time though, you will gain a peace, not like the world gives, but as God gives. There is a place of rest, of "practically finished" where one's mind can rest at ease in the Holy Ghost's protection. Psalm 138 promises that God will perfect that which concerns us.



Reading • Right elbow inner side first small bone

And ye shall know the truth, and the truth shall make you free. John 8:32

Ye shall know the truth and the truth shall set you free. God wants us to be aware of what is going on around us in the world today. We are to be able to read the times. God is pouring out of His spirit even now upon believers so that they can walk in closer relationship with Him. He wants to give each and every one of His people divine replacement in spiritual matters. He wants to pour out 20/20 vision on those people who will walk after Him. He wants to end the abuse His people are suffering in the world today. He wants to give you discernment. He wants you to know and be able to feel His touch and impression upon your life. Discernment is not something you can cook up by yourself. No, it takes two – God and you. Just ask, and He will give. He wants a close relationship with you. He is not some distant fuddy-duddy in the sky smoking a cigar in his favorite chair with his back turned on all of us with the world all wound up. No, no, no. He is an active "Daddy." He wants to extend His shadow of protection over each of us. When we walk with Him in His discernment, we can spare ourselves a lot of strife and frustration. We can be on the road to real peace.



Scream

- Right arm at muscle indent

And from the days of John the Baptist until now the kingdom of heaven suffereth violence, and the violent take it by force. Matthew 11:12

Who of us hasn't enjoyed and been inspired by a good movie about the valiant deeds of King Arthur and his round table or other wondrous tales of knightly valor? We ordinary folks can still live life today as "story worthy" as those with the banner of the kingdom yesterday. However, it takes unbelievable courage and faith in the goodness of God. It is easy to be namby-pamby and all wishy-washy. There are so many things bombarding us in every direction. It is easy to be a coward. It is entirely something else to stand for what you believe in. To live as a knight or warrior in the heavenly kingdom here on earth today, we must seek the heavenly kingdom with all our might. Scripture says that men take the kingdom of heaven by violent force, in other words, with all their might. We need to scream to God in our times alone with Him for strength and that when the spiritual enemies come out against our very souls one way, they would flee before us seven ways.

Select

- Below right elbow on bone

See, I have set before thee this day life and good, and death and evil; In that I command thee this day to love the Lord thy God, and the Lord shall bless thee in the land whither thou goest to possess it.

Deuteronomy 30: 15, 16



I have set before you life and death. Therefore choose life. "If my people which are called by my name will humble themselves and pray and seek my face and turn from their wicked ways, then will I hear them from heaven, forgive their sins and heal their land." II Chronicles 7:14. God wants His people to choose the good. We are not to sell out for less than God's best. He has a plan for each of us. It was funny, not long after I had been studying these scriptures, I saw a lady at the grocery store looking at canned tomatoes. She was trying to decide which one to purchase. When she chose the particular can and lifted it from the shelf and put it in her cart, this prompt of "select" presented. I said the word "select" to myself and in response the Holy Spirit touched me with the same prompting again. I believe that God wants us to "read" the ingredients, which are going into our lives carefully. We need to choose the best...

Self-Employed

- Right shoulder at top of arm where it attaches to body at bra strap on chest side. A half index finger length down from top of shoulder



But they that wait upon the Lord shall renew their strength; they shall mount up with wings as eagles; they shall run and not be weary; and they shall walk and shall not faint. Isaiah 40:31

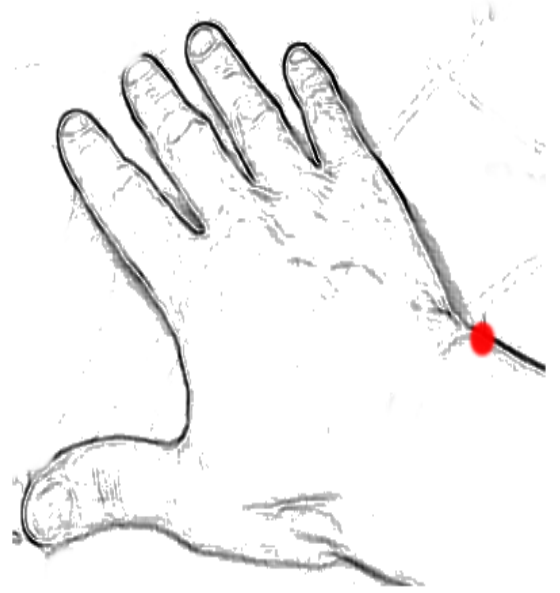
You have been a help to the poor and a strength to the needy in his distress. You are a refuge from the storm and a shadow from the heat. And when the blast of the terrible ones is as a storm against the wall, thou shalt bring down the noise of strangers. Isaiah 25:4. A co-worker of mine mentioned that she had a new possible boyfriend who worked for himself and that he was a contractor in the construction business. I felt a prompt on the front of my right shoulder. Later I asked the Holy Spirit to verify this Prompt for me. He did so by repeating the pinch in that same place. God will bring us the work we need in our life to help purify and bring our soul to where it needs to be. We may be self-employed, but we are all employed of God. He promises to be a refuge from all the cares and thoughts and concerns that money and this world can bring. When everything looks overwhelming, His promise is to bring down the noise and the clamor. Tumult will be brought to its place with God as your "true employer."

Sitting

- Right wrist outside bone

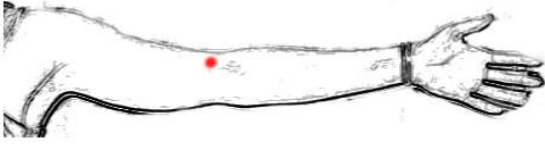
Ye shall not need to fight in the battle: set yourselves, stand ye still, and see the salvation of the Lord with you, O Judah and Jerusalem: fear not, nor be dismayed; tomorrow go out against them: for the Lord will be with you.

II Chronicles 20:17



In life the battle is not ours, but God's. He says that vengeance is His. We are to stand when the enemy comes, not run away from and in fear. We are promised that we will see the salvation of God in all areas of our life. Greater is He who is in us than He that is in the world. There is no foe or opposition that can come against you, there is no poison, there is no adversary that with God's assistance cannot be dispelled and turned out. If we are always so busy that we are not sitting at Jesus' feet, we will not be able to maintain continuity and focus with God's divine plan for us. God has a plan and a schedule for each of us. We are all loved. We are all important. We are all significant. We are all forgiven. So many today though turn to their own means without ever putting the Lord before them. God is calling for intercession in truth and co-creative power that He may begin a work in humanity's existence that all may know and understand their true and unselfish potential.

Snakes

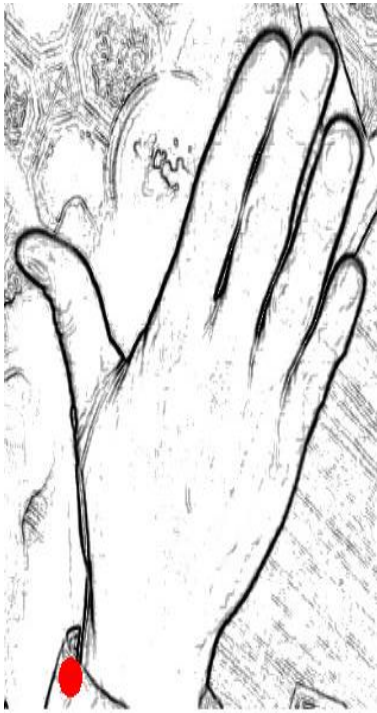


*The wicked are estranged from the womb
– their poison is like the poison of a
serpent: they are like the deaf adder that
stoppeth her ear. Psalm 58: 3, 4*

Inside right elbow at bend
almost on top

*He suffered no man to do them wrong
Psalms 105:14*

Psalm 58 deals with a very delicate topic – humanity walking in unregenerate thought. David tells how the wicked are estranged from the womb. He talks of how the general populace weighs the violence of their hands in the earth. They force their way onto a situation with no thought for the harm they are causing others. They go on and about their ways with no thought for anyone or anything except themselves. God, help us! This cry resounds through history. David tells us that the unregenerate mind is like the poison of a serpent. Once bitten, you can die. The deaf adder doesn't want to hear anything. In fact, their ears are stopped. They won't listen to any point of view but a saving of their own skin at all expense. Some individuals inherit a station in life where everything is seemingly going so well. Why bother with my brother is a thought that only fleetingly may touch the outer recesses of their natural mind. God, please deliver us.



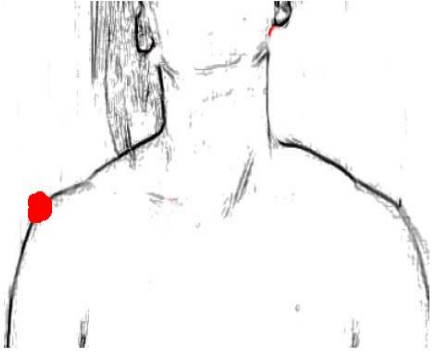
Stop

Who through faith subdued kingdoms, wrought righteousness, obtained promises, stopped the mouths of lions, out of weakness were made strong. Hebrews 11:33

- Right hand inner side of wrist

God has a definite plan in mind for each of us though it does not often come to fruition. It is truly a shame that more believers are not stepping up and praying for God to become active in their lives and the lives of the of the unregenerate as well. We are meant to be warrior- priests walking in the love of God and dispelling the spiritual enemies at work in this world today. And yes friends, many of your co-workers, acquaintances, and maybe even friends and family are just shells without real understanding that they are controlled by the forces of spirits of darkness. We all are born unregenerate. We must be born again in order to begin to realize who we truly are. We are not our job, we are not our career, but we are indeed the righteousness of God in Christ. We are sons and daughters of the King. We however, cannot force our will on people who will not hear though we are commanded to teach all nations. The Trespasser, the devil, the controller of the spirits of darkness will have to step aside when we petition God's will to be done here on earth as it is in heaven. Loose your love God!

Trespass



*For if ye forgive men their trespasses, your heavenly Father will also forgive you:
Matthew 6; 14*

Right shoulder edge

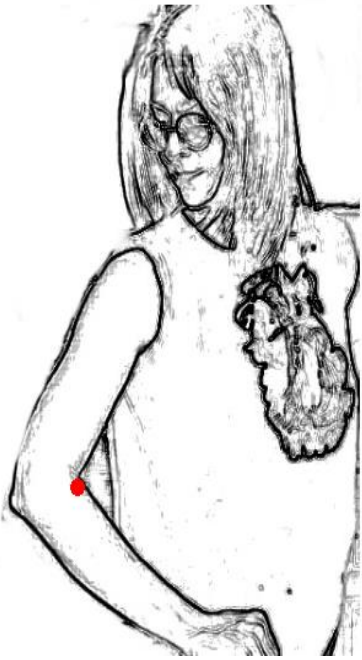
God can gain anyone's attention. But someone on earth has to care enough to pray. God loves all His creation and He wants an intimate personal relationship with each and every soul. We need to pray for humanity. Listen to how David prays against the trespasser, the devil, the operative behind all selfishness, apathy and megalomania in this world.

He says, "God, let them melt away as waters which run continually. When they bend their bows to shoot their arrows, let them be as cut in pieces. Now this may seem a difficult section of scripture. And, maybe it is. But I see it as David praying that God would become involved in his neighbor's lives. Two-dimensional (mind and body alone, no spirit activation) people haven't sought Him, and they, just by existing, release toxin into the environment. God is the only hope of them turning around. We have no real power. But, God does.

Unhappy

A merry heart doeth good like a medicine: but a broken spirit drieth the bones. Proverbs 17:22

- Below right elbow
on muscle under
bend of arm almost
on top



We need to **stop** our own unfocused behavior, and start praying that we see God's holy force here on earth. He goes before us and is our rear guard. We are co-creators with Him. We are to love our enemies and bless them that curse us. We are to pray for them which despitefully use us and persecute and abuse us that we may be children of our Father who is in heaven. Luke 6:27. We are promised, that the righteous man shall rejoice when he seeth the vengeance of God. Are we to take vengeance? No. We pray. We forgive. We give it to God. He promises He will render to every man according to his own work. Vindication is God's alone. Our job is to pray and forgive.

God says in His Word, there is a reward for the righteous. He does judge in the earth. The righteous, those who are connected in the Holy Spirit by the blood of Jesus, with thoughts renewed, and trying to walk in His ways, are promised, that our enemies (the forces behind actions that wish us harm) will be rewarded evil and they shall be cut off.

Violence/PMS

- Right under arm on inside where arm attaches to body at the bend

Itching



A man shall eat good by the fruit of his mouth: but the soul of the transgressor shall eat violence.. Proverbs 13:2.

We wrestle not against flesh and blood but against principalities and powers, against the rulers of the darkness of this world, against spiritual wickedness in high places. Ephesians 6:12. This scripture reiterates that we are not fighting people. We are fighting a spiritual darkness that causes a sereptitious and evil malevolence to overspread the entire natural world with rot and decay. But the weapons of our warfare however are not carnal, instead they are mighty through the power of God to the pulling down of strong holds, casting down imaginations and everything that exalts itself against the knowledge of God. II Corinthians 10:4. We are to put on God's full armor that we may be able to stand as our enemy goes about as a roaring lion seeking whom he may devour. II Peter 5:8. With the Holy Spirit as our helper, we are to take command in personal situations with the understanding that the devil is underneath all woes and to be criticized and condemned for what he really is. A wicked little nothing. We must stand fast. We cannot do it on our own but we are to speak out God's creative word both in the natural and in the spirit realm for divine enablement. We are promised triumph when we allow ourselves to be covered in and by the Almighty's strength.