Chapter Four

Chapter 4 Left Foot

Blessed is the man whose delight is in the law of the Lord and in His law does he meditate day and night.

Psalm 1:1

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God says He will end our slavery and restore our fortunes. Our prosperity and success come from God alone. He is loving and kind and rewards each one of us according to the work we do for Him.

I believe we are all capable of feeling God's touch in our lives. We do not need to worry that we will miss God. We do not need to worry about missing opportunities. God is there and He knows what is best for each of us - just how much we need or can stand. He will keep coming to us. God will sensitize all who desire to live life fully - to his nudging, to His promptings, and to His impressions. All we need to do is be aware and ready to take hold and let the truth of life begin. These Holy Spirit impressions I like to call blips. I call them blips because that is what they feel like. These impressions are like little penetrating, piercing seeds on and in different parts of the body. You will not miss them.

Foot Left



 Holy Spirit impressions on left foot

Chapter 4

God never meant for us to be cowering in a corner somewhere. God has great and mighty things in store us each of us. We are all created in His image. He is the author of creativity and the whole universe. He has provided so wonderfully for each one of us. How sad it is to shrink back in fear at something that is only a shadow. God promises us that His presence will be upon our right hand and that the sun will not smite us by day or the moon by night. The Lord promises to preserve us from all evil. Psalm 121:6&7. What a promise! Perfect love, the love of God casts out all fear. If we are fearful, we need to stop and begin to practice the presence of God. Why would we ever really fearful? His light dispels all darkness. We are commanded not to fear what man or man's situations can do to us. God has us in and at the place we are for a reason. He wants us to see with the eyes of the spirit and learn the lessons that are set before us. We need to develop making and choosing the choice rooted in truth and love. We need to call upon Jesus. He said He would go before us and be our rear guard. God will meet us when we call to Him.

What you would choose for yourself is in no way to the level of what God wants to choose for you. He created you. He knows every detail about you. He wants you to enjoy your life, to have an exciting, wonderful, fulfilled life. He knows your likes, your dislikes, your preferences, your nuances, and your unique personality. He knows how you will respond in a given circumstance or situation. He knows it all. You are not a mystery to God.

Eye has not seen nor ear heard all that God has prepared for those that love Him and are called according to His purpose. I Corinthians 2:9. Jesus promised that He and the Father would send us the Comforter. The Comforter is meant to help guide and direct us in the affairs of our daily life. We are not here haphazardly or alone. The Holy Spirit is at work within the lives of people today. Though we may not always know or acknowledge His presence, He is there. He is nudging and leading us in the ways He knows are best for each of us. He wants to be a part of our everyday life, to help us with

decisions and choices, and to help us on our path, our journey to His image.

God can speak to us in many different ways and in many different forms. He can speak to us through everyday circumstances, through dreams, through scriptures, through people, through movies, through T.V. shows – the ways are seemingly endless. We need to be open to all the ways and types of creative suggestions God uses to reach us. The myriad of ways God can touch an individual are simply staggering. He will meet you where you need to be met, if you just ask Him.

When we put on God's righteousness we operate in His divine power for we are not operating in our own efforts. We are operating in the power of the resurrected Christ. He died that we might have life and that we might have it abundantly. God wants us to have an abundant and fulfilling life. Not a life of lack and despair, and hopelessness, so raise your hands and your voice and let God take you on your greatest journey, the journey on the discernment of knowing Him.

Sometimes we may feel weird and don't understand why - maybe an ache or a pain or a prickle or something else which makes us uncomfortable. When we begin to walk in the spirit we soon begin to realize that there is nothing truly random or does not happen for a reason. He loves us beyond all we could ask or think. He will do whatever it takes to bring us to Himself. God is present and He wants us to partner with Him in faith and faithfulness. What we may mistake as a need for an Advil could actually be God speaking to us about a situation. Ask yourself, "What is the situation I'm in? What do I hear around me? Where do I feel strange? What are you trying to tell me?"

Ask God to help you look at your situation from His perspective and not your own. If you feel an emotion like anger or resentment in your own mind or body you are in the realm of the soul and not the spirit. When God speaks to our heart and mind He is attempting to mold us into His image. He cannot speak with our thoughts or our natural ways otherwise there would be no change. He knows we need dynamite. He knows we need a different language – the language of the Spirit. We need to begin to learn the new language, the language of God Himself. The Holy Spirit of God is liquid love

being poured into us. His love and promptings have no human type of emotion. It is simply something else. It is separate – almost like electricity. And we need to know and understand the difference so we can walk in victory and satisfaction. We need optimistic discernment to be able to understand the wisdom of "what is of us and what is of God."

It is amazing how very concerned the Holy Spirit is with every aspect of each of our lives. His ways are not our ways and His thoughts are not our thoughts. Isaiah 55:9. He wants us to partner with Him so that He can begin to mold us into what we are to become – rulers and priests of and with the King. That is our destiny. And He is forming us now into what we will become later. We must learn the Language of Truth and Love...let us begin.